

50<sup>TH</sup> JUBILEE  
UNITY OF MAN



BE GOOD -DO GOOD - BE ONE





*Unity of Man is an international movement  
committed to realizing the motto of its founder Sant Kirpal Singh:*

**BE GOOD – DO GOOD – BE ONE**



### **BE GOOD AND DO GOOD**

means, to be able to do good,  
you must be good in the first instance.  
Being good means good in thought, word and deed.  
God is all goodness and innate in all.  
Be friendly with everyone, be kind and compassionate.  
See goodness in all around you including even those  
who hate you.  
God is all love, love all, serve all and do good to all.

### **BE ONE**

God made man. All mankind is one.  
Man is an ensouled body –  
bearing labels of different social bodies.  
As men we are all one,  
born the same way with equal privileges from God.  
As soul we all are of the same essence as that of God,  
a drop of the ocean of all consciousness,  
and controlled by the same Power,  
which we all worship – calling by different names.  
Unity already exists, we have forgotten.  
Be One.

Sant Kirpal Singh, February 1972



## Founder – Sant Kirpal Singh

*Sant Kirpal Singh (1894-1974) is worldwide renowned for His integer personality, love for humanity and spiritual competence. He had devoted all His life to spread unity, religious tolerance and spiritual awakening. He taught that there is a direct inner link between God and soul, between Creator and creation, and that it is the privilege of man to become conscious of it and become one with Him.*

*Appealing to His followers he wrote about His Mission:*

“To fill the human heart with compassion, mercy and universal love which should radiate to all countries, nations and people of the world.

To make a true religion of the heart as the ruling factor in one’s life.

To enable each one to love God, love all, serve all and have respect for all, as God is immanent in all forms.

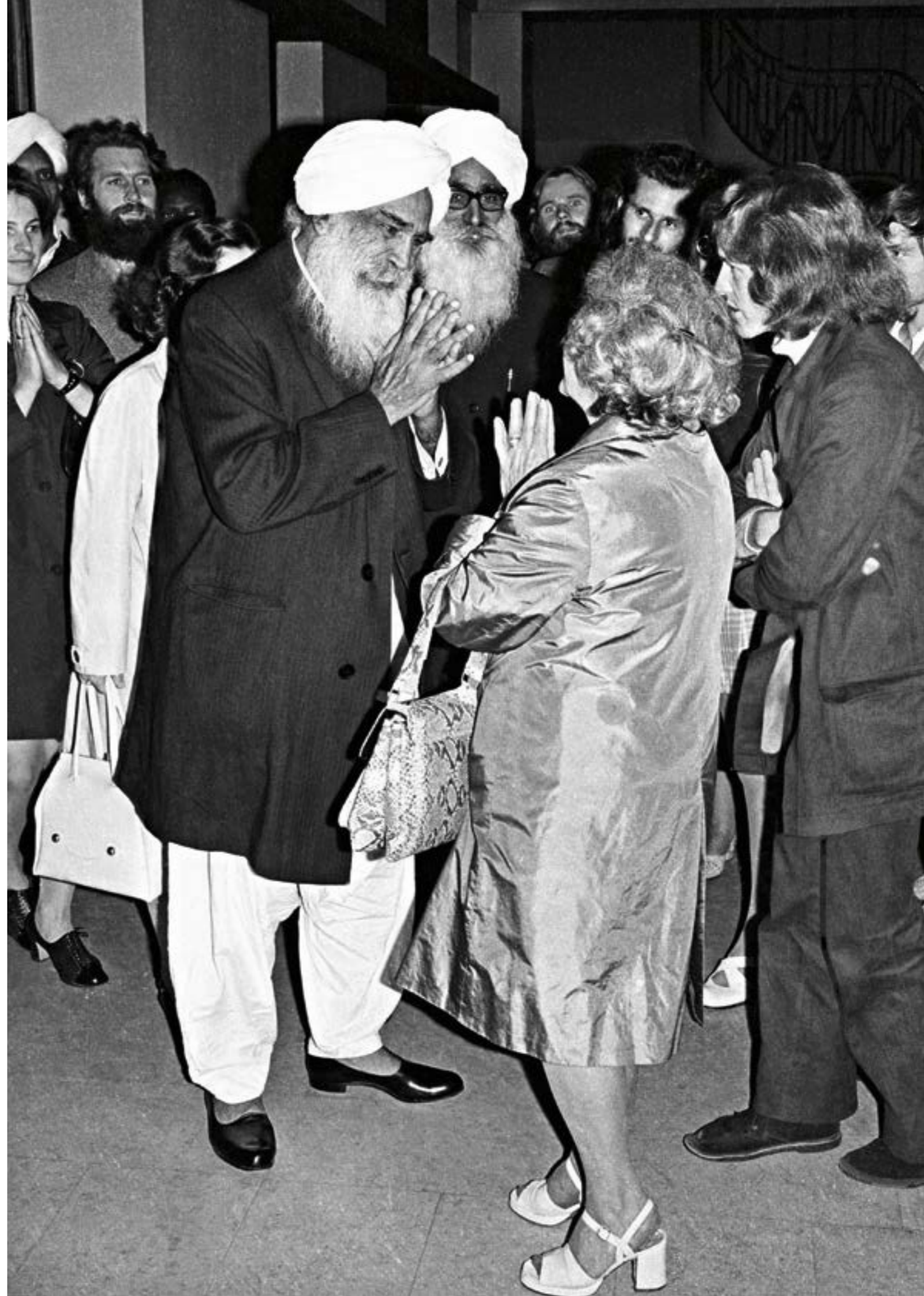
My goal is that of oneness, I spread the message of oneness in life and living. This is the way to peace on earth, this is the mission of my life and I pray that it may be fulfilled.”

Three world tours, in 1955, 1963-64 and 1972, took Him to the West, where he gave lectures in the most important cities in Europe and America. All over the world He had disciples and met numerous

leading figures from religion, politics and society. His books and lectures, in which He pointed out the common spiritual core of the religions, were translated into numerous languages.



Left above: Sant Kirpal Singh in Friends Meeting House Washington DC US, 1963 - Left below: Middlessex Great Britain, 13 Sept 1972 - Right: Paris France, 7 Sept 1972



## WORLD CONFERENCE ON UNITY OF MAN

### Beginning of the Movement

*After Sant Kirpal Singh had worked for over 14 years as President of the World Fellowship of Religions for interreligious dialog, He saw the need to put his efforts for unity on a broader basis.*

*He convened the first major “World Conference on Unity of Man” in February 1974 in Delhi, where His headquarters were located at the time. Two thousand delegates from all over the world and*

*over 100,000 listeners took part. Among the guests of honour were leading personalities from religion, spirituality and politics, including the then Prime Minister Mrs. Indira Gandhi with members of her cabinet.*

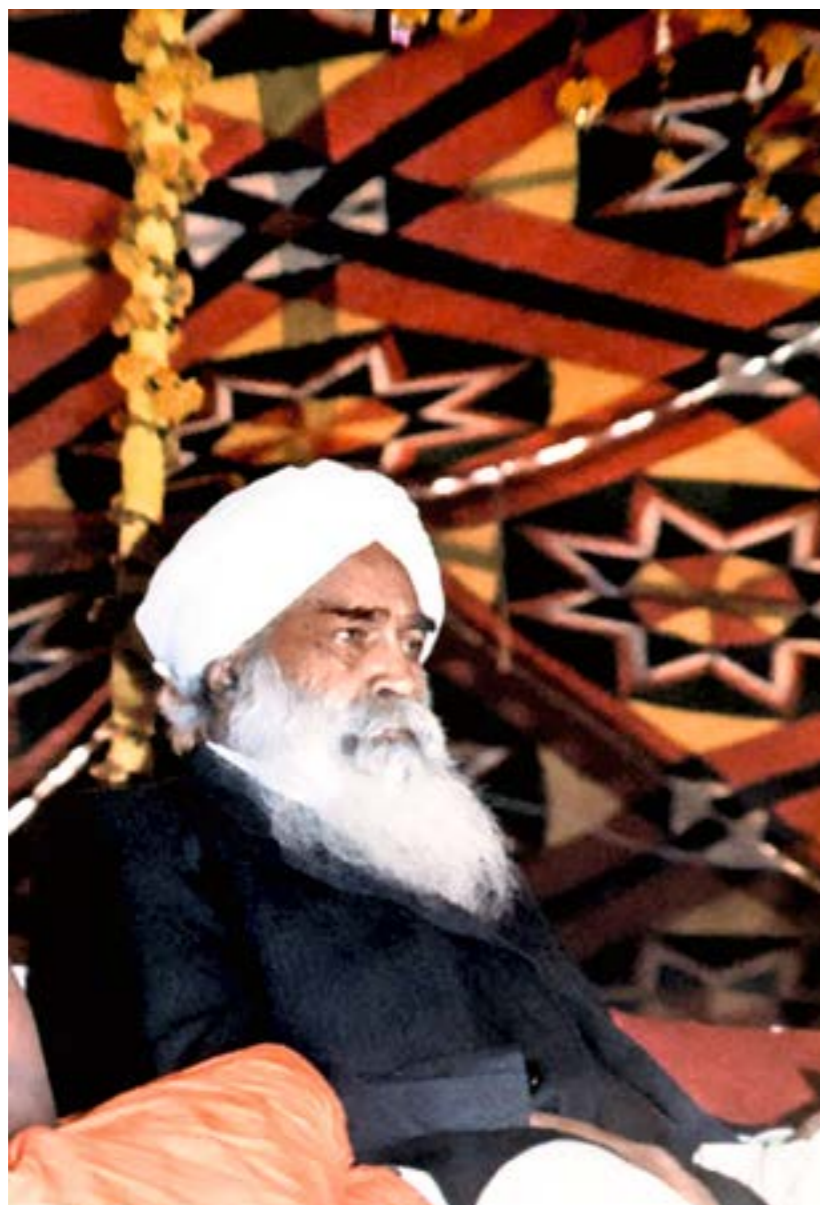
***This conference was the beginning of the Unity of Man movement.***



Procession in Delhi on the morning of 3 February 1974, which opened the World Conference on Unity of Man



Left: Procession - Right: Sant Kirpal Singh with religious delegates, 3 February 1974



Sant Kirpal Singh during the conference, 3 February 1974

## WELCOME ADDRESS

### Sant Kirpal Singh - World Conference on Unity of Man

*In His presidential address Sant Kirpal Singh outlined the basic idea of the conference:*

I am happy to greet you all, who have gathered here from all over the world. In this momentous session we have to explore and find out ways and means to cement and strengthen the solidarity of mankind.

Nations, like individuals, are swayed by passions, prides and prejudices which create chasms in the real social order which are very often difficult to span. We are living in an age of decadence, when moral and spiritual values are at their lowest ebb. With all these drawbacks and the numerous divisive tendencies, there is still a ray of hope of regeneration and reorientation. This very hope has brought us together.

I thank you all for the loving response to the call for remodelling of our destiny to secure a lasting peace.

It is said that "East is East and West is West and never the twain shall meet." That may have been true at one time or another, or for the author of the dictum, Rudyard Kipling; but certainly, it carries no weight with men of God in the present scientific age, when distance and space are fast losing their significance, and efforts are being made to establish interplanetary contacts.

The various countries of the world are just like chambers in the house of God, housing different nations. Distinguished from one another by geographic, climatic and historical conditions, facial contours and complexions, languages and dialects, diet and apparel and modes of worship, all people conditioned by these divergent factors form the great organic whole called humanity.

With all these seeming differences and distinctions of colour, creed, and caste, and these diversities in his modes of living and thinking, man essentially and basically remains man in outer appearance and inner make-up. Unity already exists in the human form, since each one is born the same way with the same outer and inner construction, and each one has a soul which is of the same essence as that of God. We are drops of the ocean of all consciousness, whom we worship as the same God, calling Him by different names. Holy men say that the human body is the true temple of God, and that He resides in the temple made by Him in the womb of the mother, and not in temples made by human hands, and that the human form provides us with a golden opportunity to realize Him.

Man has three aspects: physical body, intellect, and a conscious entity. He has progressed physically, intellectually and mechanically; but despite this, he is unhappy and has not developed spiritually. He has developed his head and not his heart, and his scientific knowledge is misdirected to fiendish malevolence. It has created a spiritual vacuum.

We stand in the middle of a two-fold crisis: a state cult of militarism, euphemistically called "patriotism" on one hand, and an apathy to spiritual development through knowledge of the true self on the other. In the absence of any positive thinking on both these levels we are morally regressing, and in this sad predicament we cannot have lasting peace. Guru Nanak therefore prayed, "O God, the world is aflame and has passed beyond our care. Save it by the means You consider best."

The problem before us is how to bring about a change in man's heart and effect his inner conversion so that he can see truly and clearly and

learn to discriminate between truth and untruth. Since this lies beyond the scope of body and intellect, it can only come about through an inward illumination of divine wisdom in the sanctuary of the soul. This is the individual aspect of the matter. We also have to forge abiding bonds of kinship among the nations of the world so they will treat each other with genuine courtesy based on inward love and friendliness and seek the welfare of all members of the human family, transcending their political ideologies which create rivalries and international tensions.

During my last foreign tour, I was asked on television in the United States, "How can peace be cemented?" I told them, "Peace can be cemented only when men rise above 'isms' and presidents and kings rise above countries." If kings nourish their gardens well and keep them blooming in all respects, they should let all other countries bloom the same way and further the cause of human happiness; otherwise there will be conflicts and wars. It has been our endeavour of late to find a common forum and meeting ground where such momentous issues could be discussed dispassionately - by separating the non-essentials from essentials and illuminating differences, in order to find unity in diverse thinking and bring abiding peace on earth; complete concord and amity in all spheres of our life.

In order to understand this worldwide movement in which we are participating today, it is necessary to review its background. Religious contacts between East and West were established as far back as 1893, when the patriot-saint Vivekananda went out with the message of the Upanishads and Gita and represented India at the Chicago Parliament of Religions. His life and living showed a practical way to demonstrate the essential unity of all religions, to proclaim the message of which he founded a chain of missions in the name of his master, Paramhansa Ramakrishna.

Ten years later, in 1903, another young savant, Swami Ram Tirath, presented the philosophy of Vedanta to the West in such a lucid manner that he was hailed as a "Living Christ."

Thus, the way was paved for the next great step, the spread of spirituality or mysticism – the bedrock of every religion. In its pure essence, this implies the awakening of man to a consciousness at once supra-sensible and supra-mental – an immediate revelation. All mystics, Eastern and Western, have believed in the possibility of direct communion with the spirit and power of God through love and contemplation, without the aid of reason and logic. It puts man on the road to inwardness (not to be confused with escapism), with an active living morality as the essential prerequisite. This is the religion of spirit, or the science of the soul, and through it an individual finds his proper relation to the universe by establishing contact with God through His expression, the power called Naam, Shabd, Kalma or Word, which is the maker, permeating and controlling all creation. The relationship with this power is achieved by developing reverence for life at all levels of existence without distinguishing between high and humble – including man, bird, beast, and the lower species. The non-human forms are the younger members of the family of God.

This idea of the sanctity of life is a living religion of love in the innermost part of our being. True theism cannot be reasoned out intellectually or felt on the level of emotions; it proceeds from true knowledge, which is an action of the soul in perfect harmony beyond the senses. This is what is called "spirituality"—the contact of the soul with the Oversoul – and it is achieved by rising above body consciousness through practical self-analysis, a demonstration of which can be given by an adept in the process. We call it Para Vidya (the knowledge of the beyond) because it lies beyond our sensory perceptions.

This science of the soul is not something new; it is the most ancient teaching of all. The way back to God is of God's own make and stands on its own, without the necessity of scriptural support to uphold its authenticity. But unmistakable references in the scriptures of all religions from the earliest times to the present day bear witness to the unmanifest reality in its primordial form of Light and Sound.

This convention aims to unite all mankind on the common ground of service to fellow human beings and faith in divine power, and to accomplish that, it urges the religious and ethical leadership of the world to shed apathy and aloofness and assume a more prominent role in human affairs. Such conferences in the past have been organized at the level of religions, and consequently have not been able to achieve integration in the required measure.

A significant feature of this conference is that it is being organized at the level of man, as envisioned by saints and prophets like Socrates, Buddha, Mohammed, Christ, Kabir, and Nanak, so that it may lead to true integration. The challenging task before the religious and spiritual leaders is to bring about a radical change in the ethical, educational and economic status of humanity. Economic uplift is essential because "a hungry man is an angry man" and to talk of God to him is a mockery.

I am confident that each one of us fully realizes the significance of this cosmopolitan meeting and will extend his whole-hearted support toward the fulfilment of its objectives: developing human understanding and heralding the unity of mankind. Let us pledge ourselves to this task, transcending all narrow allegiances and commitments, and stand united and resolute until its ultimate fulfilment.



Above: Dr Angelo Fernandez, Roman Catholic Archbishop of Delhi, welcomes Sant Kirpal Singh to the panel conference on Religious Unity, 4 February, 1974 - Middle: Sant Kirpal Singh visiting the free homeopathic dispensary set up at the Ramlila Grounds in Delhi - Below: Medical staff at the conference - third from right Dr Harbhajan Singh

## KNOW THAT WE ARE ALL ONE

by Sant Kirpal Singh

All Masters who came said the same thing, “God is Light and we are all children of Light.” The same Light enlivens all creation. Just as bulbs having electric connection give light when the switch is pressed, the same way the power of God enlivens all creation. When that Power withdraws from the body, we have to leave this body. So, you see, we are all children of Light, which is one and not two, the one Power that is our source and sustenance, called God, who is Light.

Kabir has explained why we cannot see God. He says, “So long as we are identified with the Indriyas, the outgoing sense-faculties, we cannot see Him. When we rise above them, only then we can see God.” All Masters say the same thing.

Kabir further says in the same context, “I saw that All-Pervading Light in me and in all creation, and all my doubts were dispelled.” Lord Krishna says the same thing in Gita, “He who sees Me in all and all in Me, he is dear to me.” So you see that we are all offsprings of the same Light. All are equal, no high, no low. All are born the same way. Is there any doubt about it? Where then is duality? When a baby is born, we cannot recognize whether it is a Hindu or a Moslem. Let us take the example of foundling homes where abandoned children are sent. When a child is received there, it carries no distinguishing marks to show whether it is Hindu or a Moslem child. It is a man, as God made it. This is a fact and needs no reasoning.

So, we are all one, no proof is required for that. Only we do not perceive Him in the present state of close identification with body and outgoing faculties, and that is why there is duality. We have made considerable progress, both physically and

mentally. We have a body, and we have a mind, but we are a conscious entity, the soul. With all our physical and intellectual advancement, we are unhappy, because we do not know our real self, that we are children of Light. Great is man. The supreme being once wished, “I am one, let me be many”, and with one thought wave of His, the whole creation came into existence. As Guru Nanak says, “There was one source eternal from which flowed countless millions of streams.” He is All-Light, and we are all children of that Light. When He can create countless millions of planets by mere wish – a single thought wave – we, who are conscious entities and of the same essence as that of God, can we not – by withdrawing our soul currents from all outside and concentrating within – create even a city? Masters who came from time to time, all proclaimed,

“Oh man, you are attached to outer labels, when the source of all joy and happiness is within you. God, the supreme Father, is in you. Father and son, both live in the same house – the man-body – but you, the son of the Almighty, through identification with the outgoing faculties, wander outside. Rise above the body consciousness!”

As I said before, the Masters, one and all, laid stress on the unity of man. For that, one has to unravel this body and know oneself. This was the sole purpose of labels of the various formations that we carry on our bodies. We forgot that purpose and got attached to the outer labels.

The same light burns in temples, in mosques and in churches. Which light is good, and which is bad? Why these conflicts and fights? We revere the temples, the mosques and the churches, but fight each other. This is all due to lack of right

understanding. We are already one, no proof is required for that. But we have forgotten that unity.

If you want to have a first-hand experience of that, go to a person who has realized that unity within himself. He will put you on the way up and give you practical demonstration of it, that we are one, the children of Light. He will open your inner eye, and you will see that Light within you. What is knowledge? Gurbani, the Holy Scriptures of the Sikhs, says, “By contacting Naam, the God-into-Expression-Power within, one sees the Light of million suns.” That Light is within you. All Masters say, “God is Light.” Kabir says, “Formerly, I had some doubt about it, but when I saw that Light in all, my doubts were dispelled.”

Why then fight each other? If you strike two stones of different colours against each other, they give the same spark which has the colour of fire. You may have a cow of any colour, black, brown or red, the colour of the milk is the same – white. We may have labels and badges of any shape and colour – we are all children of Light. But we have forgotten ourselves. Masters come to awaken us that we are all one. We have to realize that unity.

We are man first; labels came afterwards when we became Hindus, Moslems, Christians, Sikhs, Buddhists and Jains, and further we had labels of East and West and became devotees of countries and nations. Unless we rise above these labels, we cannot realize God.

During my third world tour I was asked in a TV interview, “How can we cement unity?” I said, “When people will rise above ‘isms’ and the labels that they are carrying, and kings and presidents rise above countries.”

Labels only indicate which school one has joined for self-knowledge and God-knowledge. Masters

never gave any labels; these came when, after their demise, social bodies were formed to keep their teachings alive so that more people may benefit from them. They were formed with a noble purpose, but the same good old custom corrupts itself, and with the passage of time there was stagnation in the social bodies followed by deterioration.

Masters come from time to time to revive the same age-old teachings. They give the call, “Brothers, wake up! You have forgotten yourself. How long will you remain asleep?” They see the Reality within and speak from that level; therefore, what they say, is hundred percent true.

The outer preaching is all true, but without first-hand experience there is no conviction. Remain in the formations to which you belong and keep your forms and formularies. These are just to show that one should realize the purpose for which one has joined a particular formation named after the Master one professes to follow. It is a blessing to remain in a formation, otherwise there would be corruption; but while remaining in a formation, one should keep away from parochialism and narrow-mindedness which, in turn, lead to deception and delusion.

The basic purpose of this World Conference is to bring home to all the fact that we are already one, but we have forgotten that. This is the basic teaching of all Masters and the formations set up to keep alive their teachings. The highest knowledge is to realize the unity which is innate in us. The various places of worship – dome-shaped temples, made after the head, nose-shaped churches, forehead-shaped mosques and others – are all modelled on the man-body, the true temple of God. They are just to remind all those whose inner eye is not opened and who do not see the Reality, that such Light shines within you and such Sound reverberates in each one of

you. Those who realize it – the twin-principle of Light and Sound, the manifestation of God-into-Expression-Power – for them body is the true temple of God. And one can realize it at the feet of a competent Master who has realized Him in the man-body.

This is what the Masters give us. They give us direct first-hand contact with reality. They come to make people see who do not see, and they who see outside may be blind. Those who only see the outer physical phenomena are all blind from their point of view. Don't you feel it? If your mind were to be still for just a moment and all thoughts nullified, you would feel this oppressive blindness. Ramakrishna Paramhansa once cited the example of a tree with many birds sitting on its branches. If someone were to clap his hands, the birds would all fly away. We have the Samskaras or impressions of countless incarnations filling the reservoir of our mind. A few moments ago, some Sadhus were clapping hands on the stage. Let there be clapping of hands to nullify all thoughts except this that we are all one. Is there any doubt about it in anyone's mind? If there is, let him seek a Master who has realized unity within Him. He will open your inner vision and make you see, and that will dispel all doubts. Let us all pray to God,

It is only through Your Grace that we can wake up from the deep slumber of ages.

Kabir says,

“Wake up, oh sleepy head, wake up! It is no time to sleep.”

This is the lesson that is repeated before you. It is the message for the whole world and a panacea for all our ills today. They asked me in the West during an interview, “How can we evade the disaster of atomic war?” I told them, “When kings and presidents would rise above countries.” Then they asked me if I would meet their president. I told them, “Well, this is my conviction. And surely

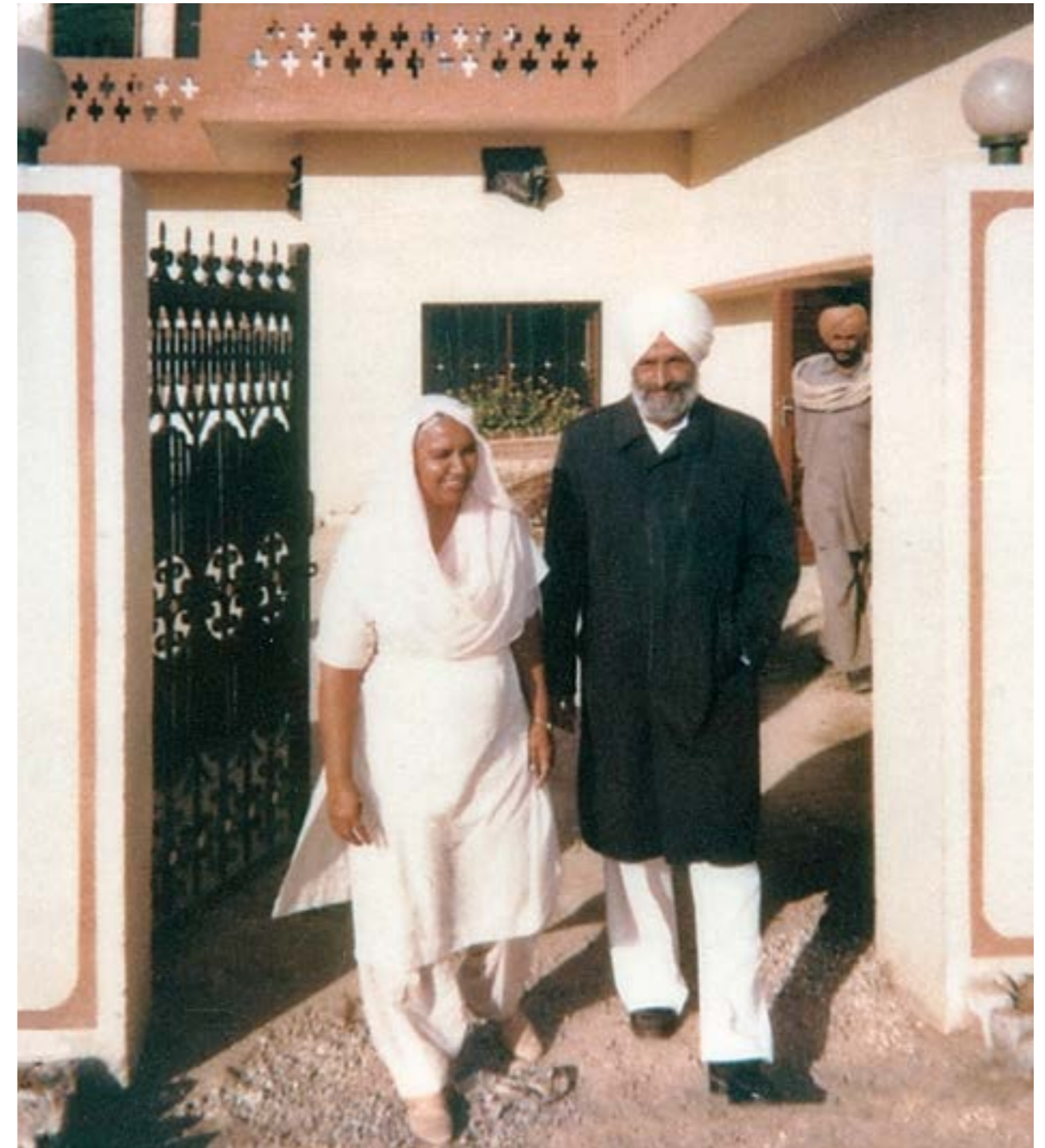
I would like to meet your president.” And I told them that they should not only tend their own garden but help others to keep their gardens in full bloom.

It is a matter of right understanding. Right understanding would lead to right thoughts and right thoughts would result in right words and right actions. Remain in your own formations, but rise above body consciousness, rise into universalism and leap into the Beyond, and know you are already one. These three things have been put before you with one purpose – there is no intention to break any existing formation or to build a new one. Masters do not interfere with social bodies, “They come not to destroy but to fulfil.” The Masters after whom the various formations have been set up, are all one. Their teaching is one and the same. As I said this morning, let us pray to God to awaken us. Who can awaken a man from sleep? God or God manifested in man, in other words, a Godman.

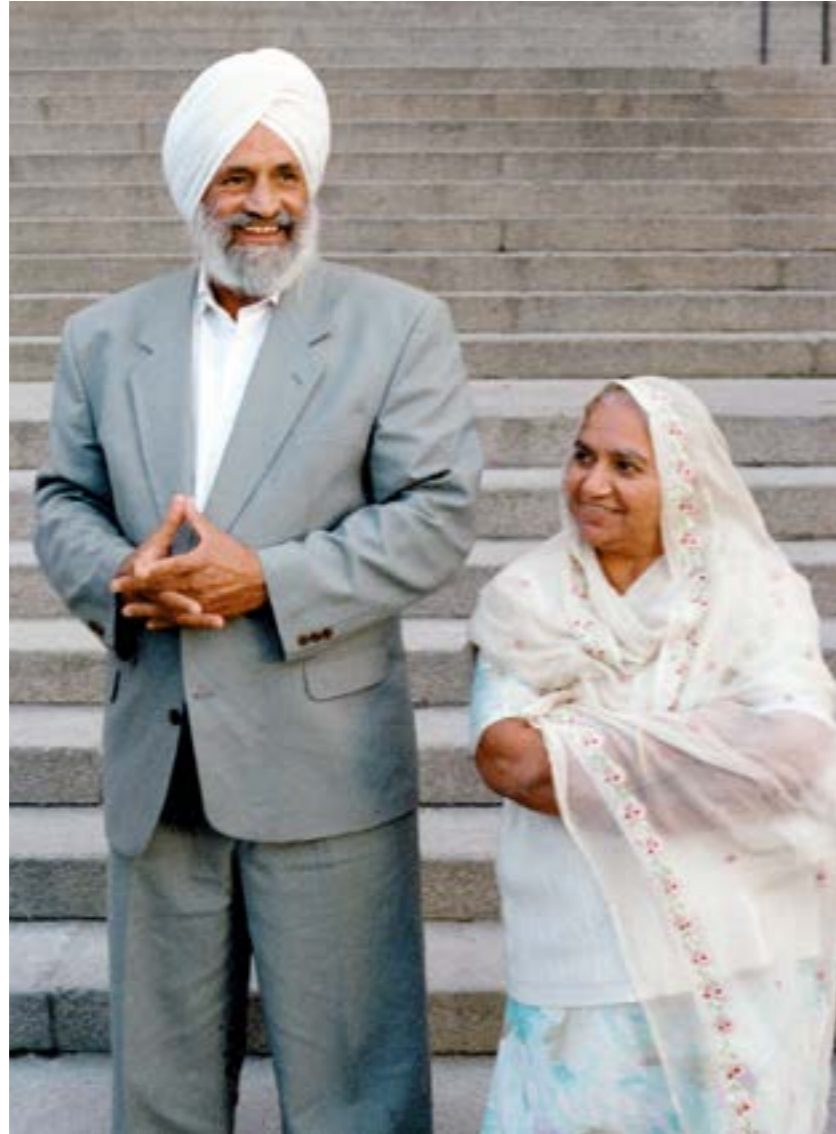
I have all love and regard for all of you who have come from India or from far-off places. The teaching of all Masters who came in East or West is the same. I have love and regard in my heart for all Masters who came, those here present now and those who may come in future. They are sent by God from time to time to awaken mankind from the slumber of parochialism and narrow-mindedness. Guru Nanak came in this context and recently Swami Vivekananda. When he returned to India from his foreign tour, he raised both hands and said, “Oh Hindus, oh Muslims, you are my own.” So, what I say is nothing new. I would request all of you to spread it, all that you have heard here, wherever you go. Proclaim it from the house-tops that there may be peace and happiness on earth. So, I pray God and you pray with me that He grants us His special grace and provides for us to have first-hand experience of Reality.

**The ideal before us is that we are all one!**

Before Sant Kirpal Singh left his physical body on 21 August 1974, He laid his further work in the hands of His two outstanding disciples, Dr Harbhajan Singh and his wife Biji Surinder Kaur, whom He knew would work without self-interest. In this way, the base He had set for the future could not be shaken.



Dr Harbhajan Singh with his wife Surinder Kaur



*In 1974, Dr Harbhajan Singh and Biji Surinder Kaur came to the West for the first time to convey the instructions of Sant Kirpal Singh and started to give lectures about spirituality in different countries. Unity of Man, the movement Sant Kirpal Singh had initiated in 1974, began to spread.*



*During the following years, they made regular lecture tours in the West, and soon the main centre for the West was created near Salzburg, Austria. In India, the Sawan Ashram in Amritsar, that existed already since Sant Kirpal Singh's physical time, had become the headquarters.*

## KIRPAL SAGAR - OCEAN OF GRACE

A place for man-making and man-service

*A special phase was marked in 1982 when the construction work of the project Kirpal Sagar was started. Inspired by the ideal behind the project many people from the West started to help.*

*The Kirpal Sagar project in India is an example of the practical realisation of the ideal of Unity of Man. Here, unity and respectful coexistence are lived and promoted. All religions are respected, but no particular religion is taught.*

*Sant Kirpal Singh's guiding principle for the project is: man service, service to the land and service*

*to the soul. Accordingly, for the past 40 years, Kirpal Sagar has been providing a wide range of help in the social sector, establishing sustainable agriculture, and organising conferences and lectures to raise people's awareness of topics such as unity, spirituality as the core of religion, peace and nonviolence.*

*The concept of the project was developed by Sant Kirpal Singh. He Himself had chosen the site in 1973 and gave his blessing to Dr Harbhajan Singh to build it in this remote area in Punjab.*





Left side: Impressions of the parks and gardens and the central building - Right side above: Conference hall – Right side middle: Library and guesthouse – Right side below right: Common kitchen and administration



Left side first row: Hospital - Left side second row: Old people's home -  
Left side below: School - Right side: Dairy and organic farming



## PREPARING THE WORLD CONFERENCE ON UNITY OF MAN 1994

### Invitation

“On the level of man, of soul, of consciousness we are already one.

In spite of tyranny and murder prevailing, there is one hope for the world, and this hope lies in the spiritual link from man to man and nation to nation. This genuine hope will bring us together.

The problems of the world are not political but of spiritual nature, so we have to find the solution on the spiritual level, on the level of consciousness.

The change will begin from man’s heart, this is the only way to bring unity into the world. If the ideal of unity has become our heart-felt desire, it will spread like a wild fire, burning all hatred, enmity, separation, duality, and egoism. What will prevail is oneness.”

*With these words, Dr Harbhajan Singh invited to the conference.*



### Meeting Personalities



Above: Delegation of Unity of Man, World Conference on Human Rights in Vienna 1993 – Below left: Meeting his Eminence Cardinal König of the Roman Catholic Church in Vienna, Austria - Below right: Meeting with Mr. Michail Gorbachev accompanied by his wife Raissa and Mr. Likhotal in Geneva, Switzerland



Above: At the plenary session of the States-Conference, World Conference on Human Rights in Vienna - Middle left: With Ibrahima Fall, Secretary-General of the UN Conference on Human Rights in his office in Vienna - Middle right: Talking with the Roman Catholic Cardinal Etchegaray from the Vatican - Below left: A talk with the scientist Prof. Dr Pietschmann at the Institute of Theoretical Physics in Vienna, Austria - Below right: With the Philippine Präsident Aquino

*In the year 1994, Kirpal Sagar was the venue of the “World Conference on the Unity of Man” under the auspices of Dr Harbhajan Singh. At that time, the main facilities of the Project had been developed so that it could be presented to a large public, and appropriate accommodations for this great event were available. In open sessions and four panels, guests from India and different countries gave their speeches.*

*During the open session on 4 February 1994, Dr Harbhajan Singh spoke to the audience:*

It is said: “God is love, love is God and the way back to God is love”. We are of the same essence as that of God. God is the ocean of all-consciousness and we are the drop of that consciousness. So, what is our purpose, what is the purpose of human consciousness? To become conscious co-worker of the divine plan.

The purpose of this conference is to rise into this consciousness – not only to know about it, but to live with it and do with it. Because without living and without doing we cannot justify our self and how can we then do justice to our Father who is within? The Father is God, the God-into-action power, and for all human beings He is one and the same. That power, which has created the whole creation, is the sustainer. That power has a direct and independent contact with us; and that is God. We are all one, we all have come from one and the same source, and we have to go back to the same source. Our cause is one, simply we have to rise above the cause and effect of the world. So far, we do not rise above the cause and effect of the world, this problem is bound with the senses and the sense-organs and our outer wishes. If we know how to rise above the plane of senses, we can solve the riddle of life.

All competent Masters in whose names the blessed religions do exist, we bow before them, because

as there are so many bulbs over here, our attention is in the light but not in the glass – they were the children of God. We have to become like them. Every Saint has a past and every sinner a future. So, there is a way – it is the greatest opportunity to go back, since man is the highest rung in the whole creation and our purpose lies within. It is said, unless the soul comes back into the human form, we cannot attain the purpose of human life. We cannot go (back).

When God made man, He made him on His own image. So, man is next to God. When Guru Nanak went to Persia, he met there Quazi Rukan Din who asked him, “Master, have you ever seen the house of God?” He said, “Yes, I have seen the house of God, this man-body is the house of God.” In the Guru Grant Sahib, he described that it has 12 pillars. In this body we have 12 pillars, (means: hands, forearms and upper arms and accordingly feet and the parts of the legs). This house is standing on 12 pillars. It is a wonderful house we live in; it is a true temple of God. He further told that it has 52 minarets, means 32 teeth and 20 nails. It has two windows, above that (at the third eye) the power within resounds and tells us the way back to God. So, this is a holy body, and by having it we can solve the riddle of life, we can solve our purpose of human life.

All those competent Masters, whether they came in the East or West, at different places and different times, taught the same very truth with one opinion. When you go through the scriptures you will find this one opinion until now. They never differed in their opinion. All those competent Masters had one opinion. These religions came into being after the physical departure of those Masters but were formed by the so-called followers of the faith. God made man, and man made religions! We are stressing too much these outer things, we are giving so much preference to them, it is the need of the time to understand the background



of all those things, not simply to run after them. It is a time to know the background of everything because you are a conscious entity. You are of the same essence as that of God. A big awakening in the world can come up.

At the (first) World Conference on Unity of Man which was held in 1974 in Delhi, Sant Kirpal Singh said that He wanted to give His work in the hands of conscious people. Who are conscious people? You all are conscious people. That is inherited in us. We are not separate from one another. It can spread like wildfire. Master told me, "You are blessed with the right understanding, rather the rare right understanding of its special significance." I answered, "Master if it is so, then multiply it to all my brothers and sisters." He said, "Then there will be a big awakening in the world as well." (When He commissioned me to do the work) I replied, "Master, it is God's work, it is not man-work." He told me, "Let it be my work within and your work outside." It is a big preference, I tell you. God is within. So why should a man claim that he is a Master? In the terminology of the Saints it is said, if anybody calls himself a Master, he is not a Master. Really, if anyone is a commissioned worker of God, he will never say he is a Master. He will say, "He (God) is the doer." There is only one doer, there is no second doer in the world. There can be borrowed servants of God. They can become conscious co-workers of the divine plan, but not God. And those who claim themselves as Masters, they become prisoners

It is said of one person that he went to the heaven, knocked the door and said, "I have come." Someone asked who he was. He replied, "I was a teacher there." "Yes, wait for a while, I'll come back with the answer." After some time, he was given the reply that this was not a place for a teacher, only a place for disciples. "You are not wanted here; you must go back to attain the higher values of life." The higher values of life

tell us to be disciples, never to become a Master, because there is no end to the competency of the Master and there is no end to our learning. And for how long do we have to learn? Up to our last breath. We are not given so many years and many breaths. There is only one breath, that goes inside, and goes outside, some power is pushing it back into the body and at the time of death it remains outside; so, this is only one breath. We have to make the best use of this one breath.

It is a time when we can consider all those things because the higher values of life lie in understanding a thing and living with it. By living and understanding we can earn the gift of life. The gift is in the hand of the giver, I tell you. It is not in the hand of man. If you really want to get this gift of life, you must be true to yourself. Only thereafter you can be true to others. If you are not true to yourself, how can you claim that you are the right one? It is high time to become a human being. The purpose is not simply to look like a man but to be a real human being in the world, to prove as a (real) human being in the society. In this direction there are lots of things to consider.

Now you know, why there is a disparity in low and high and rich and poor: it is due to our lack of right understanding. All competent Masters live hundred percent for others and stress the need for us, too. We should live for others. If we live for others, there will be peace, harmony, a comfortable situation, no problem at all.

At the UN World Conference on Human Rights in Vienna in June 1993, I was asked to speak in the Plenary Session because I gave this very universal teaching there. The General Secretary of the Human Rights Conference, Mr. Ibrahim Fall, said to me, "Yes, you have the very universal view and that appeals to everyone, you speak there." "Anyhow", I said, "whether we are politicians, religious

or spiritual leaders, our purpose is one and the same and that is man-making and man-service." If really we live and do for it in our different countries, at least we can solve lots of problems in our countries. And there are so many problems which have gone beyond the care of man, and if we clutch them, there will be more bloodshed, hatred, and strife in the world. There is only one solution: to forgive and forget.

What beautiful words these are: to forgive and forget. He who forgives and forgets is really the strong and the brave. In the terminology of the Saints, he is said to be a gracious one, a conscious co-worker of the divine plan, a Gurmukh. And he is next to God. He will follow the footsteps of the Masterpower.

I have lots of hopes on all of you, because my purpose over here is only to fulfil the desire of Sant Kirpal Singh. He lived hundred percent for others. He did not create any religion but respected all the religions of the world. His purpose was very unique. When He went to the West, He said, "God does not reside in temples made of stones and bricks." People asked Him, "When will Christ come back?" He replied, "It is already in the Bible: I shall never leave thee nor forsake thee till the end of the world." So, the question of Christ's coming back does not arise, He is innate in our soul." He further was asked, "Can you give that first-hand-experience as Christ used to give?" That is a heritage of you.

We must know where we stand, how we stand, but it is a golden opportunity, it is a rare opportunity for us to go back home, to create the brotherhood of man under the fatherhood of God. He who tries it, he is loved by the God-power, because He also needs such persons who work for Him. What is His work? Just to be loveable. It is said that one time Lord Vishnu invited gods

and anti-gods. There they were together at the feast, where they were invited to dine. Very delicious food was placed before them, but Lord Vishnu told them, "All this food is for you, but there is only one condition – you should not bend your elbow!" So, they all thought over it and then the anti-gods said, "O how is it possible, it can never be possible without bending our arms. How can you bring the food to the mouth?" They became very arrogant and went away. But these gods and goddesses said, "Since it is being told by Lord Vishnu, there is a mystery in it." After some time, they could discover, "Yes, it is a very simple way: you feed me, and I feed you. So, there is no need to bend the arm."

Now it is a time to live for others. If we are feeling some problems, some disparity, it is only due to us. Kirpal Sagar is a place for all human beings. Your services, your good efforts are all needed here. It is a place of your Father. You can come at any time you like.

*Thank you, wishing you all that is good for you.*

(Extract of the speech)



Procession arriving at Kirpal Sagar



*In the panel session with the subject "The basic unity of all religions" Dr Harbhajan Singh explained:*

Here we are making one holy place for all human beings. It was the wish of Sant Kirpal Singh. God made man and man made religions. This institution is for all human beings, no matter which country they may come from, it is an international institution, not only outwardly. From the core of the heart, it belongs to all human beings.

On February 6, we will lay the foundation-stone of the building which will bear all the four symbols of the different religions. There will be the church, the temple, and the gurdawara all together on one place. And that is also a sign of love and devotion together. Because Christ said, "Where more than two sit in my name, there I am." Is it so? All Masters said like this. So, it is said, "By God's grace, if my children get together in my name, I will be there." Guru Arjan Sahib said the same.



So, we have to create a common ground, a common platform, so that we can all get together and we see if He comes there or not. Do we get the radiation or not? If we work for God, if we bring the unity in the name of God, then surely the word of Christ, the word of Guru Nanak will blossom like a flower.

Left side below: Welcoming addresses by Dr Harbhajan Singh and the dignitaries - Right: Some snapshots from the Panel Sessions



## Laying the Foundation Stone

On 6 February, the highlight of these days was the laying of the foundation for the central building of Kirpal Sagar, that now carries the Symbols for the religions. As foundation stone a huge steel box had been prepared which contained Sant Kirpal

Singh's books and scriptures, partially on micro-films, pictures, and coins from different countries. The reason behind this is that Sant Kirpal Singh pointed out the common truth of all religions, so this symbolizes that the building is founded on truth.



Dr Harbhajan Singh, his wife Surinder Kaur and invited Sadhus bringing the steel box into the Sarovar



*Dr Harbhajan Singh spoke:*

Dear Sangat, dear brothers and sisters, leaders from all over the world, today it is a very special event - the laying of the foundation-stone is done in His presence. In the presence of the Sangat, we are fulfilling the wish of our Master Sant Kirpal Singh. We have to bring His message into the whole world, as it is the teaching of Kabir, Guru Nanak, Guru Gobind Singh, Christ and Maulana Rumi.

Since three days this conference is going on and now we are putting His wish into practice. It is God's work, and we have to respect and obey it. Only for this purpose we have gathered here today.

All the credit goes to the Master, and the Master-power gives this credit back to His children.

He is like a mother who loves her child. But the child does not know what love is. Love (between mother and child - Master and disciple) is always reciprocal. Thus, we obey God's wish. There is no personal wish, no attachment in it, it is only God's work. And where God's work is going on, the Masterpower is always there.

Today many people from the West and from all over the world have gathered here, and in 1973 Master gave hints that Kirpal Sagar once will become a most famous place in the whole world.



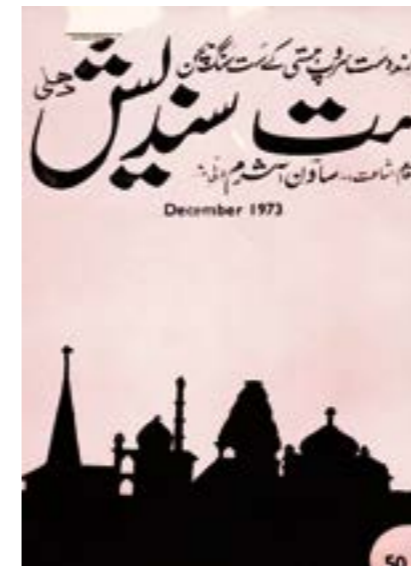
In 1995 Dr Harbhajan Singh left his physical body and his wife, Biji Surinder Kaur (1940-2016) led Unity of Man from 1995 to 2016. She declared that she would do the double to fulfil the vision of Sant Kirpal Singh. All stood on her side, but the main burden was on her shoulders. Under her guidance, Kirpal Sagar blossomed, and new centres of Unity of Man were created in East and West.



## 25th ANNIVERSARY OF KIRPAL SAGAR World Conference on Unity of Man 2007

*In the year 2007, the 25th Jubilee of Kirpal Sagar was celebrated with another "World Conference on the Unity of Man". It was a convention with different fields of attention, corresponding to the multiple aspects of the Project Kirpal Sagar. The main focus laid on the inauguration of the Symbols on the top of the central building of Kirpal Sagar:*

*Models of a Gurdawara, a Temple, a Mosque, and a Church. Each of these models symbolizes the human body, which in the scriptures is called the 'true temple of God'. Side by side, the Symbols remind that God made man and man made religions. Sant Kirpal Singh Himself had once designed these models.*





### Address by Mrs. Biji Surinder Kaur

We all live under the grace of Sant Kirpal Singh Ji. In October 1973, He came to this place. The decision to make Kirpal Sagar was taken during His last tour to Amritsar. When Master also said (to Dr Harbhajan Singh), “Dr Sahib, make a common platform for the whole humanity so that everybody can come and remember the Lord!”, Bhaji did it practically. Today the Sangat has come from different parts of India and my brothers and sisters from the West have also come to attend the Conference. The same God Power is working in all of us. We are not in a position to see this Power with our outer eyes, but this Power is every moment here...

The words of the Lord which we have heard should be put into practice. By doing so, we all can attain His grace which is overflowing. If we make mistakes but correct them, there is no problem; the problem is solved there and then. Then we all can live in oneness...

I still remember Master’s words spoken in Amritsar in 1973. It was His decision to build

Kirpal Sagar, and we are putting His words into practice. His words are everlasting. We are very thankful to Him for His grace. His words will never be in vain.

(Extract of the speech)



### SUPPLEMENTARY CONFERENCE 2008

*In the year 2008, a supplementary conference continued the endeavours of the world conference 2007. As part of the programme a new exhibition showing the history of Unity of Man was installed in the renovated library.*

*Biji Surinder Kaur said:* We are disciples in the ocean of knowledge. Today, on December 9, we all are assembled under His tree of spirituality which is giving us shade. This is unity.

What is the way of spirituality? Why did Sant Kirpal Singh give the message of the unity of man? His message was full of love and devotion, and we have to follow this way of unity to reach our goal. We have enrolled at this school. Since first of December, according to His commandment, His spiritual flowers have started giving their fragrance. This was Bhaji’s (Dr Harbhajan Singh’s) dream, and we try our level best to fulfil it.

I have seen the tree of spirituality planted here in Kirpal Sagar, giving its fruit for everybody. As I told in the morning, Bhaji’s words were full of love and grace. Step by step, Master brought Bhaji very close to Him. He made him the image of His own heart. Bhaji tried his level best to go

very deep into the words of Master and throughout his life he never left Master’s words.

We can go everywhere, we will get knowledge, but the practical life you will find with Unity of Man. The practical life – to die before death. If we have learned to die before death, there is no fear of death.

Dr Sahib Ji used to say, “Do not live only for yourself, live for others. The lesson is not for others but for ourselves.” ...

All what happens, happens according to His will. When He gives us happiness, we should go through (thankfully), when He gives sadness, we should surrender to His will. He who gave us the life is also able to give us the nourishment for our life.

No one can erase the light of the sun which is shining. This body is made of dust and in this body His light gives us life, and with the help of the light we can cross the inner jungle. We have to surrender ourselves to Him and to live according to His wish and to pray for the knowledge.



Lord Buddha was longing for the inner knowledge, and when he attained it, he got more and more silent. Full of peace he lived intoxicated and absorbed in this knowledge. People came and asked him, "How great is God?"

Buddha answered, "How great is God, if He made a Sadhu out of a normal man? Don't put me questions, I want to be silent. Please, let me travel on my inner journey in silence." Just as a mute person eating sugar cannot tell about its sweetness because he is mute, we have to prepare our way to God in silence. This unity we want to bring among mankind, and according to Master it already exists.

Why do I tell you these things? Because we are identified with our worldly wishes, we have lost our soul in this world and so we lost the unity of mankind. (To revive) the forgotten unity of man, the Sant Mahatmas came into the world and renewed the message of the unity of man.

We must have love. We have no enemies, we ourselves are our worst enemies, because the fire of hatred is burning permanently in us and separates us from each other.

(Extract of the speech)

*Each summer, Biji Surinder Kaur came to Europe to meet the co-workers and gave lectures and heart to heart talks.*



## SOCIAL ACTIVITIES

Parallel to the further development of Kirpal Sagar, Biji Surinder Kaur increased the charitable programs and various social projects were realized.



Unity of Man sponsors weddings and donates basic household equipments for needy couples



Distributing vehicles for disabled persons



Free medical checkups



May joy shine like a ray of the sun;  
may each heart be filled with light.  
Wrath and hate shall leave us. We are all one.  
This we should recognize.  
We are the symbols of oneness.

Due to our weakness,  
we have divided mankind in classes and different faiths,  
so we lost ourselves and forgot the unity.  
We have to know ourselves and to know the truth.  
We are soul, we are one,  
and we are a drop of the Oversoul.

God is beyond all our words;  
He is the true source giving us fresh nourishment.  
He is everywhere in the creation.  
A fish can only survive in water,  
but yet it asks,  
"Where is the water, where is the ocean?"  
Similarly, we ask,  
"Where is God?",  
though He is in us.  
To know ourselves and to know God  
we have to overcome our delusion.  
Only then we are able to know  
the unity of man with God.

Biji Surinder Kaur



*After a life of service to others, Biji Surinder Kaur left the body in 2016. Despite this great loss, the work of Unity of Man is continuously progressing.*

*The Kirpal Sagar Project and the outer work in Master's Mission is continued by His disciples, whereas the inner work is still done by the Master Power. This Power is the only Doer in the world.*

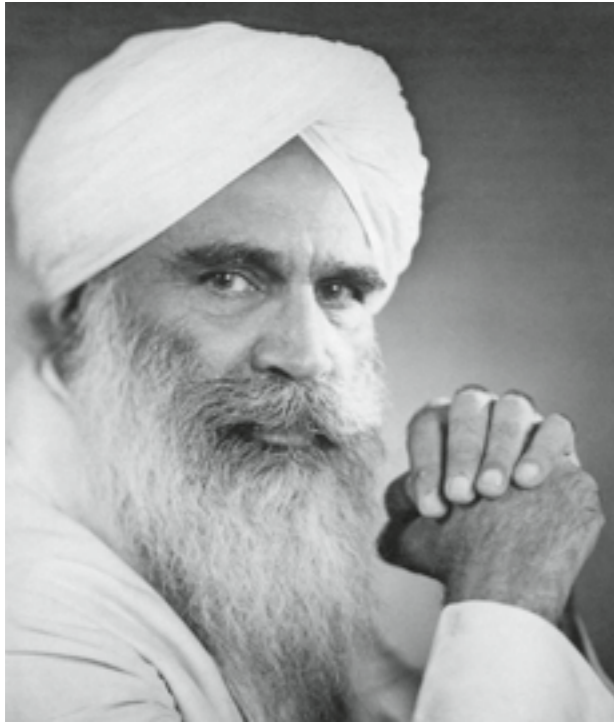
*Biji Surinder Kaur and her husband Dr Harbhajan Singh have built up everything with heart and soul,*

*with little means but limitless trust in the God Power. This Power never ends and is in each one of us. Today we see the fruit of the tree, its roots are very deep.*

*According to Sant Kirpal Singh's words that He wants to carry out the work with thousands of hands, Unity of Man is receiving more and more response to the message:*

***"BE GOOD - DO GOOD - BE ONE!"***





## ON THE UNITY OF MAN

May 15, 1974

*Sant Kirpal Singh's last circular letter before He left His body on August 21, 1974.*

1. Man, the highest rung of all creation, is basically the same everywhere. All men are born the same way, receive all the bounties of nature in a similar manner, have the same inner and outer construction, and are controlled in the physical body by the same Power, called differently as "God," "Word," Naam, etc. All men are the same as souls, worship the same God, and are conscious entities; being of the same essence as God, they are members of His family, and thus related to each other as brothers and sisters in Him.

2. All awakened and enlightened Gurus and spiritual teachers who came to this world at various points of time and in various parts, have invariably emphasized this Truth in their own language and manner. According to them all men, despite their distinctive social orders and denominational religions, form but one class.

3. Guru Nanak, the great teacher and Messiah of peace, said:

*The highest order is to rise into Universal brotherhood; Aye, to consider all creation your equal.*

4. India's ancient mantra, Vasudeva kutumbakam, also lays down the same principle that the whole world is one family. However, it is common knowledge that despite long and loud preaching by various religious and social leaders professing the unity of man, the world today is torn by strains and tensions of every kind and presents a sorrowful spectacle indeed. More often than not we see individuals at war with one another and brothers at drawn daggers with their own kith and kin. Similarly, nations are constantly involved in conflicts and clashes with each other, thus spoiling the peace and tranquility. It seems that the root cause of this present-day situation is, that the Gospel of Unity of Man, however well accepted in theory, has not struck home to humanity at large and is not put into practice. It is only a form of slogan-mongering done with calculated motives.

5. It is universally accepted that the highest purpose of this human body is to achieve union of the soul with the Oversoul or God. It is on this account that the physical body is said to be the true temple of God wherein He Himself resides.

All religions spell out the ways and means of meeting the Oversoul or God; and all the ways and means so suggested, however different looking, lead to the same destination, so that one need not change from one religion to another for this purpose. One has only to steadfastly and genuinely tread upon the lines drawn by the torchbearers for achieving the goal.

6. It is necessary, however, that greater effort should be made toward the realization of Unity of Man. We have to realize that every human being is as much a member of the brotherhood as we are and is obviously entitled to the same rights and privileges as are available to us. We must therefore make sure that while our own children make merry, our neighbour's son does not go without food; and if we really practice this, much present-day conflict will be eliminated. Each of us will develop mutual recognition, respect and understanding for the other, thus wiping out the gross inequities of life. In this process, as the mutual recognition and understanding develops, it becomes a vital force generating a reservoir of fellow feeling which in turn will bring culture and ultimately humility – the basic need of the hour.

7. The holding of the World Conference on Unity of Man in February 1974 in New Delhi was a clarion call to the world. This conference was perhaps the first of its kind since the time of Ashoka the Great, held at the level of man with the noble purpose of fostering universal brotherhood leading to universal harmony. This message of the unity of man must reach every human heart irrespective of religious and social labels so that it comes home to every individual, enabling him to actually put it in practice in life and pass it on to others; in this way, the entire human society could be reformed. Truly speaking, unity already exists: as man – born in the same way, with the same privileges from God; and as soul – a drop of the Ocean of All Consciousness called God, whom

we worship by various names; but we have forgotten this unity. The lesson has only to be revived.

8. The so-called worldwide campaign for Unity of Man is not intended to affect the existing social and religious orders in any manner. In fact, each one has to continue to work for the upliftment of man in its own way as before. Additionally, however, this campaign has to carry the clarion call of Unity of Man to as large a mass of humanity through its own vehicle as it can, so that the message cuts across the barriers of misunderstanding and mutual distrust and strikes home to every human heart. Further, the said campaign has to be carried out not by intellectual wrestling, but with optimum desire and anxiety to put the unity of man into practice so that it becomes a real living force. The method of propagation has to be by self-discipline and self-example rather than by declaration and proclamations.

9. It would be prudent to clarify that the campaign of Unity of Man has to be carried out above the level of religions without in any way affecting any religious or social orders. It has to obtain in practice the blessings and support of all those who believe in the Gospel of Unity of Man and could give it strength by taking this Gospel to every human heart around them and convincing them of the need of its acceptance in daily life. It will neither be tagged with Ruhani Satsang nor with any other similar organization. The enthusiasm of its admirers will be the real force working behind the campaign.

10. It is therefore earnestly requested that all those who believe in the unity of man and wish to carry its message must work ceaselessly so that it may reach the lonest corner of the world.

A World Conference on Unity of Man may be arranged in the West as was done at Delhi in the East – both ultimately work as one whole.

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