



# Sayings of Sant Kirpal Singh

1 / 2009

Final Ceremony  
World Conference on Unity of Man  
December 1 – 11, 2008

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Final Ceremony

World Conference on Unity of Man

December 1 – 11, 2008

**In December 2008**, people from all over the world met again in Kirpal Sagar to emphasize the concern of the World Conference on Unity of Man 2007. It had been celebrated from 1 to 10 December 2007 on the occasion of the 75th Birth Anniversary of Dr Harbhajan Singh as well as the 25th Jubilee of Kirpal Sagar with a lot of delegates and thousands of visitors.

The highlight of the Conference in 2007 was the unveiling of the Symbols on top of the central building in the midst of Kirpal Sagar. Since then they brightly radiate the message of unity and point out clearly that all outer houses of worship are just symbols of the human body in which man can realize God. Many of the delegates and conference participants from various parts of the world expressed their experience of deep inner peace, of real unity – the roots of which lie in the inner spiritual bonds.

The Conference 2008 continued with it and took up these ideas and topics. Religious leaders of different religions from Northern India who had also partaken in the main Conference came.

Although on the whole smaller than last year this year's Conference was truly impressive. It took place in Kirpal Bhawan, the big hall for lectures, and had again fringe events in a big variety.



# Programme

December 1 – 11, 2008

## **December 1 – 3**

Free Medical Check-ups and Eye-operations

Seminar on the occasion of the World Aids Day (B. Ed. College)

## **December 5 – 7**

National Dr Harbhajan Singh Memorial Inter-School Volleyball Tournament

Evening:

Culture programme: Historical Scenes from the Life of Guru Teg Bahadur

## **December 8**

Marriages for Needy Couples

Evening:

Sufi Quawalis

## **December 9**

Opening of the Exhibition at the Farm

Welcome Party of the B. Ed. College

Opening of the World Conference on Unity of Man and First Panel Session

Evening:

Bhajan Sandhiya – Hindu Hymns

## **December 10**

Opening of the renovated Library with new Exhibition

Second Session

## **December 11**

Havan Puja – Final Ceremony



## Opening of the Medical Camp

From December 1-3, free medical exams as well as eye-operations (cataract) were carried out in the Kirpal Sagar Hospital

**The opening ceremony** of the “Medical check-up-cum-eye operation Camps” was held by Dr Chitranjan Brar and Dr Ashok Guru of the Local Health Department.

Most of the people in this rural area live on agriculture. As they are exposed to intensive sunlight on their fields, a lot of eye diseases arise. Such operations save many of these people’s eyesight who in other case would go blind. About 200 patients had been checked and 35 were operated successfully.

The Kirpal Sagar College of Education organized lectures on the occasion of the World Aids Day with Dr Chitranjan Brar on the chair and Dr Ashok Guru as the main speaker.





Left and top right: Dr Chitranjan Brar und Dr Ashok Guru, from the Local Health Department opened the Medical Camp and visited the sick bays.



Bottom right: Eye-operations



# National Volleyball Tournament

The Dr Harbhajan Singh Memorial Inter School Volleyball Tournament was held from December 5 – 7

**On December 5**, Mrs Shashi Prabha Dwivedi, SSP, Nawanshar, opened the annual National Volleyball Tournament in honour of Dr Harbhajan Singh.

Again athletes and spectators were enthusiastic about it. Volleyball teams of various schools from the North of India took part in it.

Gymnastic and dance performances of students of the Kirpal Sagar Academy and K.H. Public School, as well as musical performances of the school orchestra formed a colourful setting for the concluding ceremony of the presentation of prizes.

The address of the special guest, Mr Harish Dhanda, Chief Parliamentary Secretary of Punjab, to the audience, expressed his deep impression of Kirpal Sagar.



**Mr Harish Dhanda, Chief Parliamentary Secretary:**

I wish you a heartfelt good evening. It was really pleased to come here in this institution. I have already heard a lot about it, but today I am here for the first time. I tell you, I have heard very good things about this institute, but after having come here, I feel that it is even better than what I had heard.

I congratulate all the organizers for that and I appreciate the way of life which is being taught due to the message of His Holiness Kirpal Ji. I also appreciate the great efforts of the Gurmukh Harbhajan Ji and all the followers of this way; I hope and wish that this message will bring harmony and peace to all mankind, to the whole world.

I congratulate all the participants and winners of course, but even the ones who could not achieve the top of the ladder, because they gave their best. So you all are the winners. All who participated are the winners, and I expect everyone to give you all good wishes.

Excerpt of the talk



## Charity Programme – Weddings

On December 8, there were wedding ceremonies for couples from disadvantaged families

*As every year, Unity of Man organized weddings for needy couples. On December 8, 23 bridal couples arrived in Kirpal Sagar. Their marriage ceremonies were celebrated according to their own religions and rites. 21 couples belonged to the Sikh religion, one couple married according to Hindu rites, and one more couple was married in the Christian way. The wedding ceremonies were performed one after the other by the respective priests and took place in a big tent in the presence of all guests. It was the first time for a Christian couple to be present. The priest was deeply impressed and thanked Unity of Man for making possible wedding celebrations for needy people. He said,*

“It is wonderful that such a place exists here where God is continuously spoken of. Marriage is only a first step. Then a life full of devotion and responsibility should follow with standing together in good and bad times. We live in this world and have different religions, but this is certain for all: Our bodies are made of dust and we will return to dust again. God loves all His children in the same way. He made us of His own image, and it is our duty



to live accordingly and treat each other loveably. Godpower has allotted to us a certain number of breaths; no one can shorten or increase it. The Bible says, 'It is not good for the man to be alone.' So God has joined husband and wife to help each other. Marriage of the soul and God – where soul is the bride and God the bridegroom – ranks before the physical marriage. God created husband and wife to live together in the world. If we don't treat each other in a loveable way, He cannot bless us. Man is of the highest rank in creation and God created it to serve men.

We all make mistakes and suffer hard accordingly. We should consider that man and woman are equal, none of them is higher or lower. It is the wife's duty to love her husband, to respect and honour him; and the same way it is the husband's duty to love his wife, to respect and honour her. God's words count equally for husband and wife. They should be faithful to each other which is nowadays often ignored. When Christ was crucified He said, 'Father, forgive them, for they do not know what they are doing.' In the same way we should forgive each other and have respect for each other. These words do not only count for the ones who marry today, but for all of us.

I want to thank once more the organization of Unity of Man for making possible such weddings for people in need.”

Extract of the priest's address



## Opening of the Exhibition at the Farm

In the early morning of December 9, the Exhibition at the Farm was opened



**In October 1973**, Sant Kirpal Singh had visited the Farm, which at that time consisted of a small farm building and seven fields. He made Dr Harbhajan Singh responsible for it, and from then on he ran it together with the Amritsar Sangat.

This Farm formed the tiny seed for the whole Kirpal Sagar of today.





In the morning of December 9, all together proceeded to the Farm, where Mrs Surinder Kaur opened a richly pictured exhibition about the historical background of Kirpal Sagar. It describes the route of spirituality in recent times, from Agra back to Punjab, on the basis of Baba Jaimal Singh's and Baba Sawan Singh's short biographies who both lived and worked in Beas. When Baba Sawan Singh had left, complying to his instructions, Sant Kirpal Singh went to Delhi. When He commissioned Dr Harbhajan Singh to build Kirpal Sagar at this place, spirituality returned from Delhi to Punjab.

Included in this exhibition is also the very same car that Kirpal Singh had been using for years and then left to Dr Harbhajan Singh. Further, a tractor that had been used during erecting the Manav Kendra (Man-making Centre) in Dehra Dun, which Sant Kirpal Singh also gave to Dr Harbhajan Singh to work with on the Farm. Even in those days Sant Kirpal Singh remarked, "The Manav Kendra which I wanted to build is still not erected – it will be erected here (in Kirpal Sagar)."

Afterwards all together went to the one room which had been built in the beginning and now in remembrance of Sant Kirpal Singh serves as meditation room. Mrs Surinder Kaur was deeply moved by remembering that special time. She told from Master's visit in those days and how her family with her had lived in that little room.

### **Mrs Biji Surinder Kaur**

Master told Dr Sahib to complete the formation of this place. What is the heart and to whom the heart can be given? The heart is a very precious organ in the Guru's chest. When Master gave 7000 Rs. to Dr Sahib into a scarf made of a turban cloth, He made a knot in it and tied the scarf around his hip. He then said to Dr Sahib, 'O Doctor, today I have given you my precious heart.' The place for the heart-beat of the Guru is the chest of the disciple. When the Master remembers the disciple, the attention of the Master is in the disciple, and when the disciple remembers the Master, Master's heart beats in him.

One time Master remembered Bhaji and me because He needed us. At that time we used to go from Nag Kalan to Amritsar (to the Ashram) in order to sit in Bhajan (meditation) in the morning and evening. I was just remembering Master, when Bhaji came and said, 'Prepare our luggage, we have to move.' My son then was as small as Harji (my grandchild) is now. He always used to insist by force to come along, and that day he also came along with us. We took the 'Flying' (a known fast train) to Delhi. And what was Master saying at the same time in Delhi? He said, 'Open the room, prepare food for three persons and keep it in the room.' The cloth with which the food was covered was made of seven patches stitched together. When we reached the same day in the evening, Dhani Ram Dalip Singh asked Dr Sahib, 'Have you written any letter to Master?' Bhaji replied, 'No.'- 'Did you phone Him (that you will come)?' Bhaji answered, 'No.' Then he told, 'Master has said that three persons are coming. Your food is ready and is standing in the room, the beds are prepared, and only you have come, nobody else.' When we went to see Him, Master was sitting there, and by seeing us coming He stood up.

Today nobody can stop the sight of that eye (seeing these scenes) and the speed of the tears. 'O Beloved, that time You used to get absorbed in us like the voice of the nightingale, and You were outside, too (He was also physically there).' Today I have only one prayer, 'This place has made this ocean flowering. This place has given the colour to the creation.'

In this December the whole Conference will be concluded on 10 and 11. The fountain of this Power has burst now. What kind of prayer you will make, it will be definitely fulfilled. But my Master took God first (even in prayer).

With extreme difficulties Bhaji has made this house, this place, and he made it flourish. At that time this place was not so liveable, there were snakes and many other things. When I came here together with the children, the Sangat just started to work. Dr Sahib told our daughter Parminder to clean everything for the whole Sangat. When the Sangat used to





come to take food, everything used to be clean. Our sisters even did hard work in the fields, harvested the crops and ran the machines (while their husbands were doing their jobs) so that this house could be settled. As it is today, we dreamed of it at that time. The time is passing very fast. My wish is that the time which we spend in His remembrance should be like this that His remembrance radiates through each of our veins.

We have seen these pictures in the exhibition. When the foundation stone ceremony in the hospital of Nag Kalan was going on, the beauty and radiance of the Father and the Son was unbearable. Neither Bhaji was in the body nor Master. If there were only one

story, but there are so many – how long it would take, if I told you everything! I tell you, don't use your mind, be in His remembrance, go straight (in your life) and He will never let you do any mistake. He doesn't belong to a small group only; He is the Creator for the whole creation.

Time is very short. You know, there was a programme for the inauguration of the library, but nothing could happen without the will of the Master, it could not take place until He desired it so. We cannot enter until He opens the door from inside. We had fixed the programme for 10.00 a.m. But Master decided to bring also those under His shadow who were still on the way, only then the door of the library should be opened.

I prayed to Master, 'O Master, how can Your book be opened?' Master said, 'A book you have to unfold and read, but here (the exhibition) is my open book which the coming generation can read.' The many generations who will come next will know that there was a great personality. And who was this personality? God's doctor. And who was this God's doctor? This was Dr Harbhajan Singh. And what was Harbhajan? Hari's, (God's) colour - the colour which got absorbed in the ocean. This ocean we have filled in a vessel and are carrying it above our head, from there it is overflowing and there under we are taking the bath.

The hearts of those who live at this place should be very pure. You all know the story of Guru Amar Das. When the child of Baba Lena (Guru Angad Dev) pushed him with his foot, he kissed his foot and asked: 'Are you hurt somewhere?' – 'Why?' – 'Because these are old bones.' Until and unless such feelings are born in our hearts, it is not spirituality. When you live in this Sagar and you will go out somewhere, the fragrance will come from you. Take the example of Bhaji. He went to Srinagar. Sebastian was with him to buy carpets and there was a shop of saffron. The shopkeeper came out and said, 'O brother, you have come to buy saffron?' Bhaji said, 'No, we have not come to buy saffron.' The shopkeeper replied, 'But there is a fragrance coming from you.' Bhaji replied, 'This fragrance is from my Master.' He caught hold of Bhaji's arm and took him into his shop, and in the end this man came and even got initiation.

Don't hurt the heart of the elders. If you have hurt their hearts, you may go to thousand pilgrimages, nothing will be accepted. Today one old woman came into the Father's home. When I met her, I told her that in the form of the elders Master has given us diamonds. By seeing them and serving them we get God's Power. Those people who had come to drop this woman here said, 'Today we have got a lesson from you.'



Whose words are these? These are the words of Sant Kirpal Singh, on whose place we came together today. With these words I conclude now. Sit in His remembrance just for a few minutes and the grace will be showered unto all of you.

Excerpt of the Satsang

## Welcome of the Teachers Training College

Since 2007 a college for training teachers exists in Kirpal Sagar (Kirpal Sagar B. Ed. College) – in cooperation with the Guru Nanak Dev University, which is now attended by about 100 young men and women.

*At midday on December 9, the rector, lecturers, and students gave a welcome to the guests of the Conference, as well as to the new students. Lectures were given, classical and modern dances were performed, as well as songs, music plays and sketches. An open-air dinner followed. During the performances Professor Malekar, Rabbi of the synagogue in Delhi, arrived. He addressed the students and all participants.*

### **Rabbi Dr Ezekiel Malekar**

Good afternoon, Namastee, Satsriakal Ji,

First of all I want to apologize for my coming only now. I took the morning train and it was late. I am very much thrilled about being here, because whenever I enter here in Kirpal Sagar, I feel this strong vibration of spirituality. I came from far and although I belong to a microscopic small community, that of the Jewish religion – I am the Rabbi of the Synagogue (in Delhi) – I have great respect for Bibi Ji (Mrs Surinder Kaur). She is my philosophic guide, and when I sit with her and she is talking to me, one can feel her being full of (spiritual) knowledge and wisdom. I call her an ambassador of peace. I am a very fortunate one to be able to come here. I come to take her Darshan and to seek her blessings.

I also congratulate all those students of this college. It was such a wonderful cultural programme which I have never witnessed before. You can see the unity in the diversity. The world is one great family. India is a multi-religious country, but it is like a rainbow – its seven colours can be merged and then there is only one colour left – white. It is what can be seen here; it is what I have witnessed here on this stage.

Excerpt of his address

## Concluding Sessions

On December 9, in the afternoon, and on December 10, the main sessions of the Conference were held in the Kirpal Bhawan, the big Conference Hall. Religious leaders from the Jewish, Hindu and Islamic religions held speeches.



*Mrs Biji Surinder Kaur, president of Unity of Man, India, reminded all of the Conference 2007 and narrated from Dr. Harbhajan Singh's life. It was his dream to bring Kirpal Sagar to full bloom and it is now coming true.*

Dear Sangat of Master,

One year has passed, and we go on the inner way of spirituality. We are disciples in the ocean of knowledge. Today, on December 9, we all are assembled under His tree of spirituality which is giving us shade. This is unity.

What is the way of spirituality? Why did Sant Kirpal Singh give the message of the unity of man? His message was full of love and devotion, and we have to follow this way of unity to reach our goal. We have enrolled at this school. Since first of December, according to His commandment, His spiritual flowers have started giving their fragrance. This was Bhaji's dream, and we try our level best to fulfil it. I have seen the tree of spirituality planted here in Kirpal Sagar giving his fruit for everybody.

As I told in the morning, Bhaji's words were full of love and grace. Step by step, Master brought Bhaji very close to Him. He made him the image of His own heart. Bhaji tried his level best to go very deep into the words of Master and throughout his life he never left Master's words.

We can go everywhere, we will get knowledge, but the practical life you will find with Unity of Man. The practical life (of spirituality means) – to die before death. If we have learned to die before death, there is no fear of death. Dr. Sahib Ji used to say, 'Do not live only for yourself, live for others. The lesson is not for others but for ourselves.' As long as we don't get His (inner) word from His treasure house, we cannot do anything, and then the pandal (the congregation in the hall) does not get coloured by Him. What is the meaning of 'Congregation of Sants', the 'Sant Samagam'? It is the heart of the Sants, the colour of the Sants, by which man can know an other man.

Who is a Bhagat? When he tells something, the words (Bani) are coming from above. Sant Kirpal Singh gave already His grace, the spirituality, in this hall. He does His work Himself. We are not able to do it ourselves. Since one year the Conference on Unity of Man is being continued. Hazur Himself has prepared His way; He has predestined the time for His work.

It is our job to surrender everything at His holy feet, to His will. All what happens, happens according to His will. When He gives us happiness, we should go through (thankfully), when He gives sadness, we should surrender to His will. He who gave us the life is also able to give us the nourishment for our life. No one can erase the light of the sun which is shining. This body is made of dust and in this body His light gives us life, and with the help of the light we can cross the inner jungle. We have to surrender ourselves to Him and to live according to His wish and to pray for the knowledge.

Lord Buddha was longing for the inner knowledge, and when he attained it, he got more and more silent. Full of peace he lived intoxicated and absorbed in this knowledge. People



came and asked him, ‘How great is God?’ Buddha answered, ‘How great is God, if He made a Sadhu out of a normal man? Don’t put me questions, I want to be silent. Please, let me travel on my inner journey in silence.’ Just as a mute person eating sugar cannot tell about its sweetness because he is mute, we have to prepare our way to God in silence.

This unity we want to bring among mankind, and according to Master it already exists. Why do I tell you these things? Because we are identified with our worldly wishes, we have lost our soul in this world and so we lost the unity of mankind. To revive the forgotten unity of man, the Sant Mahatmas came into the world and renewed the message of the unity of man. We must have love. We have no enemies, we ourselves are our worst enemies, because the fire of hatred is burning permanently in us and separates us from each other.

I have seen with my own eyes, how radically my Hazur Sant Kirpal Singh Ji, the Godpower, has changed Bhaji’s life. Master always said, ‘He is God’s doctor.’ This went so far that once Master requested him, ‘Check my heart’, and as Master lifted His shirt (at the right side), Bhaji said, ‘No, the heart is on the other side.’ Master replied, ‘You know my heart?’ One cannot give the heart to anybody. The heart is a very precious part of the human body. There is only one who can attain (Master’s) the heart – a Gurusikh (a true disciple).

The heart beat of Master is the Gurusikh, the Gurmukh. Who is a Gurusikh? One who has surrendered everything to Master's will. Master and Gurmukh have the same breath. The heart beat of the Gurusikh is the Master. The Master is the disciple and the disciple is the Master. Guru has merged with the disciple and the disciple with the Guru. We have all gathered here for attaining the same. We came here to learn this. If we did not drink it ourselves, we have not got the spiritual intoxication either.

Master's words were, 'As long as the fragrant flowers of spirituality are not growing in us, we cannot call us a Gurusikh.' We cannot hide anything from the Gurudev (inner Master). If the Guru wishes, He can bring His fragrance in all gardens. The Guru will give the disciple such an 'injection' that he cannot live without the Guru. Then the disciple feels that the Guru is always looking towards him.

### **Karamjit Singh, Chairman Unity of Man**

I thank you all for coming here. Members of all religions are here to share their opinion with us. Sant Kirpal Singh commissioned Dr. Harbhajan Singh to build a platform where all can meet together.

What is the aim of our human life? To go back to Home Eternal. This (Eternal) Power comes, takes a human form and can live amongst us. But unfortunately we are not ready to go home. Once Lord Krishna was asked why he simply doesn't take all back home. He answered, "Do you want to see if they really want to go home?" And he went to an old man and asked him if he wanted to go home – as he was already very old. But the old man explained that he had to take care of his grand-children. The man was reborn as a parrot. Again he was asked by Krishna if he wanted to go back home. But he answered that he had to guard the house so that no thieves could steal anything. He was reborn as a fly in the dung. Again Krishna asked him if he didn't want to go back home. He replied, "Don't you find anyone else than me?"

We have to justify our purpose for which we have got the human body. The life of Sant Kirpal Singh is full of practical examples. Swami Ji often told that we have to live spirituality in a practical way. The body is the true temple of God and we must not gamble away our life.

I again welcome all the guests warmly.



# Speeches of the Delegates

Delegates of the various religions told about the common essence of all religions and about the importance of not only listening to it, but putting it into practice during life

## **Rabbi Dr Ezekiel Malekar**

Religion means awakening. Religion is not somebody to say, “My religion is supreme” and all have to accept it. One has to understand the principles of all the religions. Basically all the religions are the same. In the Rig Veda it is said, “Truth is one, and we know it by many names.” There is only one God, whether we call Him Ishwar, Bhagwan, or Allah. It is one inner spiritual power, the Power of God. He is Grace, He is Love.

A rainbow has seven colours. If they are mixed, we get white colour. Cows are of many colours, but their milk is always white. Swami Vivekananda says, “You may be born in any religion, but you should not die in it.”

What is true religion? In Rig Veda it says that we have got three duties. What is your first duty? It’s your duty towards God, your obligation towards your Master – towards Biji. What is your second duty? Honour your parents. But above all stand your duties towards your fellow men. As it is said in the Bible, “Thou shall love thy neighbour as thyself.” Rabbi Hillel once explained to me the essence of Judaism on one sentence. What did he say? “Do not hurt, do not do any act that is harmful to you.”

Sikhism also tells, “Repeat the name of your God, fulfil your duties honestly, and distribute your earnings among your fellow men.” That is the essence of Sikhism. In that way you can take any religion (and you will find the same principles). But we do not practice religion in our day-to-day life. We only use it in an emergency. We abuse it. A prayer should come from the core of your heart. Take any prayer, whether it is of Judaism, Christianity or Sikhism (but we have to pray from heart).

You know, we take care a lot of our body, but we forget our internal spiritual power. Now, in winter, we all wear sweaters, or scarves. We use so many cosmetics and apply crèmes to look beautiful, but now it is high time to beautify the inner, the soul.

I consider myself very fortunate, because we all have gathered here to celebrate the 76th birthday of Dr Sahib. We should not only remember him on the day of his birthday. In

reality we have never forgotten him. He lives on in our hearts and we really can only be a tribute to him if we lead our lives as he did. His message was that of humanity. Already yesterday I told again and again that our true religion is to serve humanity.

Yesterday one of the students asked me, “What do you mean by serving the humanity?” As an answer to all the students I want to narrate a short story: One day Lord Indra invited all the gods, goddesses and demons for dinner. All assembled in the hall and Lord Indra said, “Before you start taking your food, there is one condition – do not bend your elbows!” The demons felt insulted and left the place without taking food. But all the gods and goddesses shared the food. How could they do that without bending their arms? They fed each other!

Humanity means showing compassion and mercy. Not only to human beings, but to the animals also. Give rest to the land which gives us food. That is real humanity.

I can give you Dr Harbhajan Singh’s message in five words: Firstly, avoid the words ‘I’ and ‘my’. It should always be ‘we’ – the second word. Thirdly, the word ‘ego’ – it should be removed completely, it causes pride, greed and many more things. The fourth word is ‘love’ and the fifth is ‘peace’.

And what is said in the Bible? Peace cannot be found, it is to be built. And God says, the one who develops peace, builds peace, that is a real messenger (of God). Or take tolerance. It is like a tree. You throw stones at the tree, but in return you get fruits. Similarly, a cloud that is filled with water bends upon the earth. So we should have humility. Be a human! This is the real tribute to Dr Sahib.

Today we have inaugurated the Library, and I have one request to Bibi Ji: In memory of Dr Sahib here in this very centre we should have graduate, post graduate and diploma courses in the comparative study of religions. Because here in Kirpal Sagar I feel the vibration of spirituality. Let the message go from here!



### **Pandit Misra**

Dr Harbhajan Singh brought with Master's grace this place to a full bloom. He put each and everything of Sant Kirpal Singh's words into practice. We are very blessed to have come here. Each one of us can read the Bible, the Guru Granth Sahib, the Koran, and the Hindu Scriptures.

Saints do not come for themselves, but for the whole humanity. Dr Harbhajan Singh carried out very practically everything Master had told him. I am very happy that I could get to know him personally.

On September 7, 1995, I was in Amritsar with Dr Harbhajan Singh and we took food together. Dr Harbhajan Singh said, "Kirpal Sagar is the house of your Father; you can come here at any time."

Dr Harbhajan Singh and Master came to show the right path to humanity. What we need in the world is love and peace. We should sit under His protecting umbrella and remember this Power. When we reach His Holy Feet we get inner and outer peace.

In the Hindu Scriptures it is written that we have to become perfect to be able to go back home. We should take this as lesson and put it into practice. Only in this way the impurities of the soul can be washed away. In the Satsang the soul gets fresh food. In the Satsang the shortcomings can be removed and the mind can be calmed down. For the soul it is the be-all and end-all to be in community of those who speak about His Greatness. When the soul comes under the protection of a Saint it realizes where it comes from and where it belongs to.

Body is made of five elements, and the mind has five bad attributes. With the help of a Godman they can be controlled.

O man, you have come into this world not only to live in it, but to understand your real cause: to know yourself and to know God and then to return home.

### **Werner Stadlmeyer, Chairman Unity of Man, Germany**

Being here today we can remember that great event, that great possibility which we got like a gift from God Himself in last December.

Last year, when these four symbols were completed, Bhaji's dream could be fulfilled. Sometimes Bhaji told, "When you later will come to Kirpal Sagar, you will be able to see the symbols from far on top of Master's house. These symbols will be shining." They will not only be just symbols – as something is written in a book – but they will be a very strong part of the further life of the whole humanity.

Remembering last December, when we participated in the World Conference on Unity of Man in the big tent, we now know that it was a wonderful chance we had. We could see members of all religions, could watch how they sat together in peace next to each other, there was no difference. Why was there no difference? We can find it in Master's teaching, in His teaching as well as in Bhaji's and Biji's words. They all say, "There is no difference from man to man; unity already exists." Master said, "We need not to create unity, it already exists." The same words we can read on Bhaji's place. Master also said, "But we have forgotten it." And that forgetting should have been removed by last year. It should be completely removed now that we are celebrating the Conference on Unity of Man 2008.

Once Hazur Baba Sawan Singh was asked if it were necessary to change from one religion

to another. He answered, "There are so many deep wells, why to dig a new one? Keep to the community where you were born into." Our Master Sant Kirpal Singh emphasized that it was most essential to develop right understanding – to know who we are, where we came from and where we have to go to. Further He said, "Who are we? We are not the body, we are not the mind nor the intellect, no, we are the soul, the indweller of this body."

So this indweller – that we are – is eternal. Sant Kirpal Singh also said we should go deep into the Holy Scriptures of the different religions. Then we will realize that the essence of all is the same. We are spirit, the souls, and above us is the Godpower working. Joining the soul back to this working Power is the main concern of every religion.

Sant Kirpal Singh further said that it is our purpose in life to become a real Christian, a real Sikh, a real Hindu, a real Moslem, so that we have fulfilled it in the real sense when we once will have to leave the physical plane.

The religions into which we have been born and their scriptures awake our desire for God. The way back to God is the way which we call 'man-making'. It contains respect for all living creatures; non-violating all forms is an old, old commandment of the competent Masters, which can also be found in the Bible. It says, "Love thy neighbour" and further, "Love thy neighbour as thyself." And it also says, "Love, and everything shall be added unto you." The Gospel of St. John says, "God is love, and the way back to God is also love." Love is innate in the soul. In this way Unity of Man is the platform, the basis of the whole mankind to meet each other at the level of the soul.

Dr Harbhajan Singh often said here in Kirpal Sagar, "Unity of Man respects every religion." We could experience it last year and this year, as well: it is really possible in this whole worldly going on that leaders of different religions and movements are able to live together peacefully and to focus a mutual aim together. What Sant Kirpal Singh and Dr Harbhajan Singh had intended to do, what they had "wished" to do, it is being fulfilled now, the outer sign of which is the building of the symbols. Looking at them we see that they complete each other wonderfully, all are models of the human body. Godpower has allowed to erect them on top of the central building in the Sarovar. This inner joy and peace which we feel here in Kirpal Sagar can be taken deep in our hearts, we can take them along into our everyday life.

Many of Sant Kirpal Singh's disciples from the West have to go back to their respective

countries, but each one of them will take this feeling, this certainty of inner peace, joy and meeting God to his home and hand it on to others.

Sant Kirpal Singh said, “Be good, do good, and be one!” Thank you.

### **Swami Chetan Nirmale**

We should go into the words that have been spoken and dedicate our life to Him. We should take into our hearts what Dr Harbhajan Singh und Sant Kirpal Singh told. Also in Gurbani it is said that there is no high and no low. None is our enemy, everything is His creation and He Himself lives in it. There is one Creator, we should accept and understand that.

One who has jumped into water knows how it is. As long as you only hear or speak about it, but not have jumped yourself, you do not know it. Bhaji's sun showed us the way. Guru Nanak said he has such an intoxication that continues day and night. We can jump into this ocean of grace.

Soul is blessed when the Oversoul blesses it. Sant Kirpal Singh showed us the path, we must follow it and we have to get our own experience.

O man, forgive yourself so that He can forgive you. Man is not God, but he is also not separated from Him. We all come from one source and have to go back to the same. All what is taught here is told in order to learn us to jump and to see for ourselves.

When a plant is planted, it can only grow when it is watered. Water gives life to it. In celebrating this birthday our plant is watered.

God has given life to us; one day we have to go back home and become one with the Oversoul. When one has received His Word, His Initiation, Amrit, he should live with it. Then the soul will become free and can go. The one who gives tan, man, dan – body, mind, everything he has can achieve it.

But our condition is that of a king sitting on the throne, sleeping, and dreaming to be a beggar. People (wanted to get rid of him and) said, “Oh, Baba, go on.” One said to him, “Go to the other side, there you will get something.” There someone was cooking milk-rice

and was ready to give him some into his hands. But he answered, "How can I take it? The rice is much too hot, I will burn my hands. Give me a plate so that I can have some and eat it." The one cooking the rice said, "Go over there, someone is there to give you a plate." So he went and asked for a plate. But when he got it, he grasped for it so roughly that the plate broke. – When he woke up again, the king thought, "I am a person that can give something to everyone in the world, but inside I am a beggar."

We should consider in which condition we are. Outside we see, but we do not see inside. If we work, we will earn money and can buy something. But from our Guru we get knowledge and it costs nothing. One who has inner knowledge has everything, and it is eternal. He who has right understanding, he can also give right understanding to others.

We have heard (in the story) that this body is like a plate made of clay which can break at any time. This body is a vessel in which the Godpower lives, everything is in us. Blessed is one who serves Master's cause. There is only one God, there is only One who can give us something, and He gives it to everyone.

This is the Ocean of Grace. Whom does the Godpower bless? And how? We are given Light, we are given Om, when we are ready to come to Him and to beg for it. When we keep sitting at the shore we will never know how deep the ocean is. Only one who swims in the ocean can have this experience.

Through His Grace we have gathered here and speak of Him, but when we come into His house, we will become one with Him.

### **Giani Dhanvir Ahmed Khadan**

I pray to God, He may bless the whole humanity. All should sit together and remember this Power.

As we have heard, today is Dr Harbhajan Singh's 76th birthday. The aim of Unity of Man is to help others and to serve them. We celebrate this day in full happiness. I have been here three or four times. The last time when I was here one year ago, there was the big Conference tent outside. Today we have inaugurated the exhibition of the Library. Why do we celebrate these ceremonies? "Where my Satguru is, there I feel His Grace." Where a lover of God sits, there a holy place, a pilgrimage place comes into being. People come



here full of love and receive the grace. What is being done here? Charitable work. A true man is one who is helpful to others.

All speakers we have heard talked about unity, no matter which religion they belonged to. The first step is: We are all human beings. All religions say this; also an Arabian proverb says: Man is a being full of love.

We can call Him Maharaji, Mahatma, Allah, but He is the one Creator of the whole humanity.

If a man prays a lot, but hates his fellow beings, then all prayers are in vain and he is not worth being called a man. If we love others, but we do not love God, it is also incomplete, as long as we do not remember God. A true man loves God and men. Every religion preaches: All have to become men.

But what do we see in the world? In the name of religion hatred is spread; we are fed



up in hearing this. Sometimes I think: O Man, how can you degrade yourself in such a way? Take the example of what happened in Bombay (where terrorist attack killed so many people). Men who commit such things have not understood what religion is. Each religion preaches love, as it has been mentioned before. We are all one, there is no enemy, only through love God can be reached. Even Mohammed said, "Your tongue must not form any bad word; before you speak, think of God and don't utter anything bad!" All are His children. If we hate His children, but (pretend to) love God, that is no love, it is impossible. In that case we cannot receive God's love. We should love God and serve the whole creation.

Here in this place, in Kirpal Sagar, I have seen that man is respected in its real sense. Needy are served and all are shown God's path.

Why is it always stressed to do these things practically? Without putting these things into practice we cannot achieve inner peace. Today we live in a technical world and see what technology can cause. Within seconds man can destroy all. We sit on a bomb that can explode at any time.

Today parents tell their children that they have got no time to think of God. But if children don't hear the words of the Mahapurushas, they cannot develop. Then these are the children who put their parents into homes, because they have not learned to serve them.

Einstein has researched the atomic power, today the atom bomb is turned against humanity. The situation is so critical, that a war can destroy all.

So the purpose of true religion is to bring the whole mankind together. Man has to live as man, otherwise it is no life. We speak a lot, but it doesn't come from heart. When this love dwells in our hearts, we will do no harm to anyone. As long as we do not practice it ourselves unity won't be here. That is why we should hear the words of Sant Kirpal Singh and Dr. Harbhajan Singh and put them into practice. We read the holy scriptures, but we don't live up to them.

We cannot develop man by money. We should pray and achieve inner peace. In the Guru Granth Sahib it is said that we should live in that way He wants us to. If we make His will to our will, we can get everything from Him.

I thank H.H. Surinder Kaur and welcome you all again. The true birthday can only be

celebrated with Saints. We should have places like Kirpal Sagar everywhere so that men can hear these things. A true Moslem cannot commit bad, violent deeds.

I am very thankful for the possibility to be here and to speak here.

### **Mohamed Aksam**

We are thankful to Biji for all the good she did for mankind and for giving us the possibility to speak here. We often meet her in Amritsar.

This place is really blessed. Sant Kirpal Singh had been here and Dr Harbhajan Singh asked for making it habitable. It is a blessed place. Here a good education of children is provided and old people are looked after. It is Master's grace that the Sangat of all countries is here. We hear different languages. All religions are respected. Master meant something when he created this place. He has blessed this place. Today we watch it burning everywhere in the world and when one is capable of putting out the fire, he can have the water from this place.

Also the founder of our organisation said that it is our purpose to live as real man. Terrorists who are destroying the world don't understand religion. We should remember the one God, Khuda, and serve His mankind in the world. All religions should cooperate. We like to come here because Biji shows respect to us.

Today we celebrate Dr Harbhajan Singh's 76th birthday together. It should be an example for all others. I pray to God that he may bring peace into the world, so that we can perform good deeds together for the whole mankind. I thank you and welcome all the guests, also in the name of my organisation.

### **Nirmal Swami Satpreet Hari Ji**

From my soul, in the name of God, I give my congratulations to you (for this programme).

I want to say, "God is everywhere." We have got the human body just only to meet God. Everywhere is God. As I am everywhere in me, in my eyes, my hands, my feet, like that

God is everywhere. We have two eyes to see nature, to see others, but we have an other eye, too. Just as we sleep at night and don't see anything, but when the sun rises, we see everything.

In the same way we sleep in the world in Maya, fully engaged in Moh (allurement and attachment of the senses) and so we do not know where God is.

God is with me, in me. When we follow the path of spirituality and sit to the feet of the spiritual Master, to the feet of Biji, the feet of Gyan Guru, we can realize God. Then our eyes are open and we can see very easy in this body where God is. So this is the right body to meet God. Or in other words, we can meet God easily, if we know the right way. So it is not impossible to see God, it is possible, it is easy.

If we want to attain something in life, woman is playing an important role, a hidden role. Woman's nature is to be at the side of man and to help him. A mother has great power. She is giving love to her child and teaches it the right way. Today we have seen a perfect woman: Biji. She is Sant Kirpal Singh's true disciple. Though such souls are physically with us, they are always connected with the Almighty Power.

We all claim to be human beings. But man can become a devil or a true man, both is in our hands. If man has learned to become conscious, he can become one with God.

Nobody is good or bad, we are all children of God. We have to cross a barrier; if we have done it, we can dive into the ocean. Then we are able to know how deep the ocean is.

In life happiness and sadness come, but we have to remain immersed in Him. Sometimes man is despired and cries, "O God, do you have only sorrows for me? Why don't you give grace?" Only when we come at the feet of the Saints, they show us the direct way, otherwise our life is going zigzag. Once we have accepted a Master, we have to go the way with full care. "O Man, you came in this world and live therein, but you should not forget your way."

Till now we were entangled in the circle of birth and death, but there is also a way back home. God is love and love is God. True Saints can give a glance from within.

Mind is our enemy. It can turn to our friend, if we keep it occupied constantly and if we give food to our soul. Then mind will not disturb any more.

All religions tell the same, we have to follow the one way.

I congratulate Biji and all the co-workers, working here to fulfil Master's wish.

### **Rajyogi Brahmakumari Shakti Bhain Ji**

Peace be unto you all. This is a prayer to the Godpower.

Respected Biji, co-workers and guests, today I have the possibility to speak to you and I am happy for having been invited to this place.

How can peace arise in the world? God says, we were one and we will be one again. Why is a country divided? Because we have forgotten ourselves. If we think in unity, we can hand on truth and can bring this unity to the community.

First help is self-control. We have forgotten who we are. God has given us life, but before we are able know God we have to know ourselves. We are the inhabitants of the body, not the body. We are the soul. Soul is like a little star. To see the soul we need the Third Eye. Soul lives in us, and also God lives in us. Here at the Third Eye is the seat of the soul.

This body is made of five elements. Atma, the soul, is light, sound, blissfulness. God will charge our battery when we start remembering Him. It is our task to learn how to charge that battery. At Amrit Vela we should meditate and repeat the Simran, then our batteries are charged. We can solve all our problems by doing that. If a problem occurs in our lives, we should not see it as a problem but as a chance to develop. We can solve our problems only with the help of prayer.

We have forgotten our destination and live in duality. We live in the world, but one day we have to leave it. We do not know where we will go to.

Within us there is light and peace. Our real home is His home. We can play a role in the theatre of the world, but we should not forget true religion, which is light and peace. We should love all and treat each other loveably. If we are thirsty and long for water, we have to drink it ourselves, it is not enough watching others doing it. With God's help we can develop all virtues.

Coming to Kirpal Sagar we feel a special Power working here. He has given us something, we got His love from inside, because we are celebrating Dr Harbhajan Singh's birthday.

God bless you to know yourself and to know your Overself.  
God bless you to live for others.  
God bless you to overcome your mind and ego.  
God bless you with the Divine Love in you.  
God bless you with the hidden values in you.  
God bless you with your lost heritage in you.  
God bless you to be His messenger.  
God bless you to distribute His heritage.  
God bless you to meet a good end of your life.  
God bless you with eternal life.

Dr Harbhajan Singh

## Opening Ceremony of the new Exhibition in the Library

On December 10, Dr Harbhajan Singh's birthday, all gathered to inaugurate the newly designed Library



*The new exhibition illustrates by many pictures the biographies of Sant Kirpal Singh and Dr Harbhajan Singh, and in the same way documents the history of Unity of Man with its World Conferences in 1974, 1994, and 2007. Prayers, holy hymns and a short address by Mrs Surinder Kaur staged the beginning of the festivity.*



### **Mrs Biji Surinder Kaur**

Today we travel on the way of the highest spiritual knowledge; we have gathered here with the Rishis and Munis in order to open this place, which shows Sant Kirpal Singh's highest way of spiritual knowledge.

It is a nursery of spiritual knowledge where the flowers get the colour from the nectar of this well so that the coming generations can also attain this fragrance. All Sants and Mahatmas point out that we should enter the inner house. The outer knowledge keeps us outside. Master said, He gives us further His light. If there is no light in the house, the house is like dead. We should keep the house alive.

When Bhaji got Master's Parshad, Master said, "We should pray or read the Akanth Path (the reciting of the Guru Granth Sahib) in such a way that everyone is full of love and devotion." If it is read with devotion and heard with devotion, heart and soul get purified. If we clean our body, but not our soul, it is of no use. If our heart, our mind is not pure, we cannot attain anything, even if we go on (reading the scriptures) the whole night. If we really understand even one word from Him, we are saved.

At His time, Master used to write one verse on a paper and read it again and again during the day, and He lived according to it. Thereafter He was able to write the Gurmat Siddhant; in it He revealed His inner being.

As long as the curtain of ego is not removed we cannot see God. We all are gathered here today to remove this curtain. Just now we heard the shell. What does it mean? It means, "O God, o inhabitant of Sach Khand (pure spiritual plane), we are standing before Your house, please accept us." Then there was the sound of the bell. It means, "Please, forgive us all our shortcomings, do not look to the bad things in us, but open the door." We are gathered here according to the sound of the bell, it is bringing His colour to us, so that we all become one.

May He bless us all!



*After a further prayer the guests of honour together with Biji cut the ribbon at the entrance of the Library. Then she lead them through the exhibition.*







## Final Talk

The closing of the World Conference on Unity of Man was celebrated by a speech of Mrs Biji Surinder Kaur

Dear Guru's Sangat, sitting in Master's remembrance,

Today we are together on Bhaji's birthday to attain His grace, His light and His knowledge. We were listening to all the Sant Mahatmas who told us about the inner nourishment of our life. But Dr Harbhajan Singh did get the ray of His light and gave it further. Whatever he used to tell, it was from his life.

Today we are not only going to celebrate his birthday, it is the birthday of everybody who loves him. It should bring a change in our life. For a change in life, Sant Kirpal Singh started with the diary. Every day the diary is to be filled out so that our faults can be brought out.

Bhaji said, "It (the human form) is a muddy house, but on the other hand it is a glass palace where my Pritam (beloved) dwells. It is good, if I can purify myself from within as much as possible so that my Master does not leave me even for a second."

It is very easy to say that the outgoing faculties are used to perceive the outer things, just as our ears are used to hear the outer sounds, but to hear something from within is something unique, it is the Sar Shabad (which is audible inside). Looking outside the pupil of the eye sees the world, and we are used to see only the fault of others. Master said, when this is coming up in us, we should try to pray to Him, "O Master, don't see my faults, give me the grace so that this pupil of the eyes should unite with You and my soul gets the contact with the God power and we unite forever."

Then Hazur told (a parable) about a devotee who was tested by God with the help of a beggar:

A money lender was just lightening incense sticks and doing his worship, when God sent someone in form of a beggar. When the servant told him that a beggar had reached, the man replied, "I have not even accomplished my worship, I have not done my meditation, how can I give him something?"



Dr Harbhajan Singh, World Conference on Unity of Man, February 6, 1994

The beggar replied, “I am not such a type of beggar who is begging at every house, I only beg from one so that I get sufficient of what I need for stilling my hunger.” The money lender, a rich man, told the servant, “Is he still here – push him out.” But this servant could feel something and hesitated to tell these words, but he had to say them because of his chief. So he politely told the beggar, “My owner is very strict, you should go.” But the beggar was only there to take the test. And when he was pushed, he shook out his clothes and said, “This play is in the hand of God, and you do not know the play of God and what will happen tomorrow. Today you are a rich man and nobody knows what will be tomorrow.”

In this way God took the test. And in the end, the money lender became a beggar and the

beggar became a money lender in the same courtyard, only the servant changed. Then the beggar asked in the same way as the previous beggar, "I am hungry, I need something." The money lender heard these words, but his inner eye was open.

We say easily that our eyes are open, (but it is not like this). We can go to pilgrimage places, pray the rosary and do many things – if our Third Eye is not open, everything is just fake. When your Third Eye opens, you will have the treasure of intoxication. And when this condition comes, then it is like this: When you close the eyes you are within, when you open the eyes you feel you are in the world.

So the money lender heard the voice of the beggar and told the servant, "Bring him in, give him a bath, give him clothes to change and give him food, and don't let him go till I come." And he completed his worship and then came to the beggar. The beggar stood up and thanked him. The money lender said, "You are not the beggar and I am not the money lender. You had pushed me out and so it came back to you. Now it is finished." This story Master told in the Satsang in Pathankot and said, "Don't hurt the heart of anybody, develop your life. Don't give the knowledge to others, take the knowledge within you."

This is our body and the light is shining within. When the soul comes into the body, it gets lost in the world, because we create more and more wishes and are more attracted by outer things. Master said, "Everybody has doubts. As long as we have doubts and not purity, we are not able to develop within and to meditate full of devotion with the help of Naam."

It is the subject to die while alive. It is the practice of light and sound. Tomorrow there will be initiation. In the Satsang we can attain the condition of Sahaj (fully detached and full of devotion), the way of Sahaj, by pursuing which we attain the inner knowledge.

When we learn to die daily, there is no fear of death. If we die, we should die in the house of Master (Indian proverb meaning, when we die, we should be inside with Him). Otherwise there is no use to die. We read the Gurbani and there is the light of Gurbani, but it is within, not outside. The light is within us. And when we do the Path (reading of the Guru Granth Sahib), it is not for outside, it should be more for our inside.

All the competent Masters who came into this world, like Guru Gobind Singh (told the same). There is one example of Guru Gobind Singh. He asked for a glass of water and then one young boy brought a very clean, clear glass of water. He looked at the water and asked



him whether he ever had served his parents with water. The boy replied, “No.” So Guru Gobind Singh did not drink the water.

Master was asked whether the Saint is more dear or God, whether Hari is more dear or the Gurudev. He replied, “I love the Saint because he makes us free from the world. The Saints teach us the ethical life. They teach us to get free from the bad deeds. And the God-power gave us birth and sent us out into the world and has given the fruit of our karma. (Saints help us to go back,) For this Saints are among us and they see our condition.”

We want to have a palace (we have so many wishes). I live under the will of God, whatever circumstances come, good or bad times, I think He has made good for me. If something good happens, my eyes fill with tears since He had to do so much for me. And when I get

problems, I feel that He clears my inner way. Whatever comes is according to His will. So we should learn to lead a life like a Sadhu.

Today we are all together on the birthday of Bhaji and it is also my prayer, “It is not only your birthday, it is our birthday. We want to work more, change our fate.” We have many plans, but our fate stands laughing beside. We have to do what is according to His will. We are all sitting together with His Grace, His power. And all who are here, all the Sadhus, Mahatmas who came, spoke about Sat Naam, Wahe Guru, they explained that all is one.

## Closing Ceremony

*At noon of December 11, the final ceremony of the World Conference on Unity of Man was held in the Sarovar with a Hindu tradition fire ceremony, the Havan Puja.*







*May the words of Sant Kirpal Singh,  
when He began this work in 1974,  
be a message for ever:*

The work of the Conference will be carried on much further, each time we see that God is working through our neighbour, our brother – through all men; each time we resist the temptation to consider our welfare ahead of that of our brother or sister; when we see that every human being we meet is a child of God.

Our common aim should be to alleviate men's suffering and reduce their separation. In that sense this Conference will never end.



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